



Organic Smoothies

All served with your choice of yogurt (dairy or non-dairy substitute)

Raspberry Patch \$5.99

Raspberry, Banana, Milk

Strawberry Field \$5.99

Strawberry, Banana, Milk

Rainforest \$6.49

Pineapple, Mango, Orange Juice

Rise and Shine \$6.49

Pineapple, Strawberry, Banana, Orange Juice

Blueberry Hill \$6.99

Blueberry, Banana, Peach, Milk

Berry Garden \$6.99

Raspberry, Blueberry, Strawberry, Apple Juice

Joe's Special \$6.99

Blueberry, Strawberry, Banana, Pineapple Juice, Orange Juice

Green Smoothie \$8.49

Kale, Kiwi, Cinnamon, Apple Juice, Lemon Juice, Lime Juice, Strawberry, Blueberry (no yogurt)

Jody's Special \$8.99

Spinach, Mango, Blueberry, Raspberry, Banana, Carrot, Beet Root Juice, Pomegranate Juice, Coconut Yogurt, Protein Powder

Extras \$1.50 each:

Soy Protein, Whey Protein, Super Greens, EsterC, Flax Seed Oil, Wheatgrass



Fresh Organic Juice

Green Breakfast \$7.49

Tomato, Green Bell Pepper, Spinach, Cucumber, Apple, Carrot

Happy Rabbit \$6.99

Apple, Carrot, Ginger, Parsley

Sunset \$6.99

Apple, Sweet Potato, Beet, Carrot, Red Bell Pepper

Mega Green \$7.49

Celery, Kale, Apple, Spinach, Cucumber, Ginger

Pink Lady \$6.49

Beet, Pear, Romaine Lettuce, Lime

A.B.C. \$5.99

Apple, Beet, Carrot

In Between \$6.99

Celery, Apple, Lemon, Spinach, Kale, Cucumber

Fresh Start (Base) \$4.99

Carrot, Apple, Celery

Our Harvest Cafe uses only the finest, certified organic produce.

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www.goodharvestmarket.com

(Menu Items are Subject to Change)