



## Organic Smoothies

*All served with your choice of yogurt (dairy or non-dairy substitute)*

### **Raspberry Patch \$5.99**

Raspberry, Banana, Milk

### **Strawberry Field \$5.99**

Strawberry, Banana, Milk

### **Rainforest \$6.49**

Pineapple, Mango, Orange Juice

### **Rise and Shine \$6.49**

Pineapple, Strawberry, Banana, Orange Juice

### **Blueberry Hill \$6.99**

Blueberry, Banana, Peach, Milk

### **Berry Garden \$6.99**

Raspberry, Blueberry, Strawberry, Apple Juice

### **Green Smoothie \$8.49**

Kale, Kiwi, Cinnamon, Apple Juice, Lemon Juice, Lime Juice, Strawberry, Blueberry (no yogurt)

### **Joe's Special \$6.99**

Blueberry, Strawberry, Banana, Pineapple Juice, Orange Juice

### **Jody's Special \$8.99**

Spinach, Mango, Blueberry, Raspberry, Banana, Carrot, Beet Root Juice, Pomegranate Juice, Coconut Yogurt, Protein Powder

### **Extras \$1.99 each:**

Soy Protein, Whey Protein, Super Greens, EsterC, Flax Seed Oil, Wheatgrass

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**Green Juices on Other Side!**



## Fresh Organic Juice

### **Green Breakfast \$7.99**

Tomato, Green Bell Pepper, Spinach, Cucumber, Apple, Carrot

### **Happy Rabbit \$6.99**

Apple, Carrot, Ginger, Parsley

### **ABC. \$5.99**

Apple, Beet, Carrot

### **Fresh Start \$5.99**

Carrot, Apple, Celery

### **Pink Lady \$6.99**

Beet, Pear, Romaine Lettuce, Lime

### **Mega Green \$7.99**

Celery, Kale, Apple, Spinach, Cucumber, Ginger

### **In Between \$7.99**

Celery, Apple, Lemon, Spinach, Kale, Cucumber

### **Sunset \$6.99**

Apple, Sweet Potato, Beet, Carrot, Red Bell Pepper

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**Smoothies on Other Side!**

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**Our Harvest Cafe uses only the finest, certified organic produce.**

2205 Silvernail Rd  
Pewaukee, WI 53072  
262-232-8866

[www.goodharvestmarket.com](http://www.goodharvestmarket.com)

*(Menu Items & Pricing are Subject to Change)*