



# GLUTEN FREE SHOPPING GUIDE

## **Eating Gluten Free at Good Harvest Market**

It is estimated that over three million Americans currently suffer from gluten intolerance, although estimates also suggest that 97 percent of celiac sufferers remain undiagnosed and go untreated. An increased diagnosis of the disease in recent years has led to a consequent surge in demand for gluten-free foods.

## **The Gluten Free Diet**

A gluten free diet means avoiding all foods that contain wheat, rye, barley and most oats. Despite these restrictions, people with celiac disease can eat a well-balanced diet with a variety of foods, including bread and pasta. Best of all, GLUTEN FREE foods are not only nutritious, but tasty as well!

## **What We Offer**

Good Harvest Market offers hundreds of gluten free products, including fresh bakery goods. This guide list covers **manufacturer labeled GLUTEN FREE foods** and indicates where you will find them in the store. The number of Gluten Free products we carry is growing all the time!

## **As of 10/14/2013**

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<b>Product Name</b>	<b>Description</b>	<b>Location</b>
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**Applesauce**

Santa Cruz Organic	Applesauce – 5 varieties	aisle 3
	Tropical Fruit Sauce	aisle 3

**Baby Foods**

Little Duck Organics	Tiny Fruits – 3 varieties	aisle 3
Organic Superfoods	Happypuffs – 2 varieties	aisle 3
	Superpuffs	aisle 3
	Happymunchies Rice Cakes	aisle 3

**Bars/Snacks**

22 Days	Gosi Mate Firecracker	register 3
Bakery On Main	Peanut Butter Chocolate Chip Granola Bar	aisle 5
	Cranberry Maple Nut Granola Bar	aisle 5
	Extreme Trail Mix Granola Bar	aisle 5
	Chocolate Almond Bar	aisle 5
	Apple Cinnamon Bar	aisle 5
	Peanut Butter and Jelly Bar	aisle 5
Coconut Secret	Coconut Bars – 4 varieties	register 3
Core	Pro Bar – 4 varieties	register 3
Enjoy Life	Soft Baked Bars – 3 varieties	aisle 5
	Baked Chewy Bars – 3 varieties	aisle 5
EnviroKidz	Organic Crispy Rice Bars – 4 Varieties	aisle 5
Flavor of the West	Beef Jerkeys – 5 varieties	register 1
Garden of Life	fuco Protein Bars – 2 varieties	register 3
	Bars – 3 varieties	register 3
gimmMe	Roasted Seaweed Snacks – 2 varieties	register 3
Glenny's	Marshmallow Treats	aisle 5
	Whole Fruit & Nut Bars – 2 Varieties	aisle 4
	Whole Peanut Bar	aisle 4
Glutino	Blueberry Breakfast Bar	aisle 4
	Apple Breakfast Bar	aisle 4
	Chocolate and Banana Bar	aisle 4
	Chocolate and Peanut Bars	aisle 4
	Toaster Pastries -2 Varieties	aisle 4
Go Raw	Live Bars – 3 varieties	raw shelf
	Flax Bar	raw shelf
	Spirulina Energy Bar	raw shelf
Go Raw	Real Live Apricot Bar	reg. 3 & raw shelf
	Seeds – assorted varieties	reg. 3 & raw shelf
	Real Live Granola Bar	reg. 3 & raw shelf
	Real Live Pumpkin Bar	reg. 3 & raw shelf
	Spirulina Energy Bar	reg. 3 & raw shelf
	Spirulina Banana Bread Bar	reg. 3 & raw shelf
Green Superfood	Sweet & Savory Almond	register 3
	Chocolate Peanut Butter	register 3
Green's Vegan	Peanut Butter & Dark Chocolate Chip Bars	register 3
	Dark Chocolate Almond & Coffee Crisp	register 3
	Dark Chocolate Almond & Blueberry Crisp	register 3
InBar	Bars – 4 varieties	register 3
Just Tomatoes Etc	Just Strawberries ("Naturally Gluten Free")	register 2
	Just Blueberries ("Naturally Gluten Free")	register 2

	Just Raspberries ("Naturally Gluten Free")	register 2
	And more Varieties	register 2
Kind	Fruit & Nut Bars – Many Varieties	register 3
	Nuts & Spices Bars	register 3
	Plus Bars – Many Varieties	register 3
Kit's Organic	Fruit and Nut Bar – 3 varieties	register 3
Larabar	Apple Turnover	register 3
	Cherry Pie	register 3
	Chocolate Coconut Chew	register 3
	Pecan Pie	register 3
	Peanut Butter Cookie	register 3
	Cranberry Orange Bar	register 3
	Chocolate Chip Brownie Bar	register 3
	Uber Bars – 5 varieties	register 3
Luna Protein	Bars – 5 varieties	register 3
Nature's Path	Chewy Granola Bars – 3 varieties	aisle 5
Navitas	Power Snacks	raw shelf
Nugo	Dark Chocolate Bars	register 3
	Rice Protein Bars – 2 varieties	register 3
Oskri	Chewy Sesame Bars – 2 varieties	register 3
	Coconut Bar Almond	register 3
	Quinoa Bar	register 3
Pure	Fruit & Veggie Strips – 4 varieties	register 1
	Cherry Cashew	register 3
	Banana Coconut	register 3
	Wild Blueberry	register 3
	Cranberry Orange	register 3
	Apple Cinnamon	register 3
	Dark Chocolate Berry	register 3
	Chocolate Brownie	register 3
	Triple Berry Nut	register 3
	Chocolate Chunk	register 3
Raw Revolution	Organic Live Food Bars – 3 varieties	raw shelf
	Spirulina Dream	register 3
	Chocolate Crave	register 3
	Chocolate Coconut Bliss	register 3
	Almond Buttercup	register 3
	Chocolate Raspberry Truffle	register 3
	Golden Cashew	register 3
	Cherry Chocolate Bliss	register 3
Really Goods	Raw Fruit and Nut Thing	register 3 & raw shelf
Sea Point Farms	Dry Roasted Endamame	register 3
Sharkies	Organic Fruit Out Splash	register 1
	Organic Fruit Chews	register 1
	Organic Energy Sports Chews	register 1
Sunbiotics	Original Almonds & Flavored Varieties	raw shelf
Taste of Nature	Bars – 6 varieties	register 3
Think Thin Crunch	Chocolate Dipped Mixed Nuts	register 3
	Caramel Chocolate Dipped Mixed Nuts	register 3
	Cranberry Apple and Mixed Nuts	register 3
	Blueberry Mixed Nuts	register 3
	Fruit and Nut Bar	register 3
TrueBar	Bars – 5 varieties	register 3

Vega One	Chocolate Cherry	register 3
	Chocolate Almond	register 3
	Double Chocolate	register 3
	Chocolate Decadence	register 3
Vegan Sport	Plant Based Protein Bar	register 3
<b><u>Beverages</u></b>		
Alo	Real Aloe Vera – 6 varieties	aisle 4
Bards	Sorghum Beer	beer/wine
Biotta Naturals	Vegetable and Fruit Juices – many varieties	aisle 5
Blue Diamond	Almond Breeze Milks	dairy cooler & aisle 5
Blue Monkey	Pure Coconut Water wo/ pulp	aisle 5 & drink cooler
Bragg	Apple Cider Vinegar Drinks – varieties	drink cooler
C2O	Pure Coconut Water	aisle 5 & drink cooler
Calnaturale Svelte	Organic Protein Shakes – 4 varieties	drink cooler
Coco Hydro	Coconut Water Electrolytes	aisle 5
Drink Chia!	Beverages - 4 varieties	aisle 5
Dry Soda Co.	Soda – 5 varieties	aisle 4
Dynamic Health	100% Pure Juice Concentrates – 2 varieties	aisle 5
Estrella Damm	Daura	beer/wine
Evergreen	Wheatgrass Juice	freezer
Good Belly	Probiotic Coconut Water	drink cooler
Good Karma	Organic Whole Grain Rice Milk	aisle 5
	Organic Whole Grain Rice Milk – Vanilla	aisle 5
	Flax Milk – Unsweetened and Vanilla	dairy cooler
Greens	Ales	beer/wine
Grist	Pilsner Style Beer	beer/wine
GT's	Organic Raw Kombucha – many varieties	drink cooler
Hansen's	Organic Junior Juice – 3 packs – 2 varieties	aisle 5
Honest Kids	Organic Juice Drinks – 5 varieties	aisle 5
Honest Tea	10 varieties	aisle 4
Kevita	Sparkling Probiotic Drink	drink cooler
Lakewood	Fruit Juices – Many Varieties	aisle 5
Mama Chia	Vitality Beverage – varieties	drink cooler
Naked	Coconut Water – varieties	aisle 5 & drink cooler
Nature Factor	Organic Coconut Water	drink cooler
New Grist	Pilsner Style Beer	beer/wine
Oogave	Agave Soda – 4 varieties	aisle 4
Oregan Café	Mocha Latte	aisle 5
	Caramel Latte	aisle 5
	Vanilla Latte	aisle 5
Oregan Chai	The Original Chai Tea Latte	aisle 5
	Slightly Sweet Chai Tea Latte	aisle 5
	Vanilla Chai Tea Latte	aisle 5
	Caffeine Free Chai Tea Latte	aisle 5
Organic Healthy Kids	Organic Nutritional Shakes – 3 varieties	aisle 5
Organic Valley	Soymilks	dairy cooler
Pacific Natural Foods	Organic Almond Milk Original	aisle 5
	Organic Almond Milk Vanilla and Unsweetened	aisle 5
	Organic Almond Milk Original Unsweetened	aisle 5
	Organic Almond Milk Original	aisle 5
	Hazelnut Milk	aisle 5
	Hazelnut Chocolate Milk	aisle 5
	Hazelnut Milk – 4 pack	aisle 5
	Organic Oat Milk	aisle 5
Purity Organic	Strawberry Paradise Drink	drink cooler
Reeds	Original and Premium Ginger Brew	aisle 4

Red Bridge	Sorghum Beer	beer/wine
Rice Dream	Horchata	aisle 5
	Rice Drinks – variety	dairy cooler & aisle 5
RW Knudsen	Spritzer – 10 varieties	aisle 4
Sambazon	Amazon Energy Acai Berry & Low Calorie	aisle 4
	Superfood Juice & Smoothies	drink cooler
Santa Cruz Organic	Sparkling Beverage – 8 varieties	aisle 4
	Beverages and Juices – many varieties (not 3 packs)	aisle 5
Silk	Soy Milk	dairy cooler
	Fruit & Protein Healthy Juice Blend	egg cooler
Silk Pure	Almond Milk – many varieties	dairy cooler
	Coconut Milk	dairy cooler
So Delicious	Coconut Milks– Many Varieties	aisle 5 & dairy cooler
	Coconut Milk Creamers – 2 varieties	aisle 5 & dairy cooler
	Cashew Milk	aisle 5
	Chocolate Milk	aisle 5
Sol	Sunflower Beverage – 3 varieties	dairy cooler
Soy Dream	Original Classic	aisle 5
Teeccino	Herbal Coffee's	aisle 1
Virgil's	Root Beer	aisle 4
	Cream Soda	aisle 4
Vita Coco	Pure Coconut Water – 2 varieties	aisle 5
West Soy	Organic Plus Plain	aisle 5
	Organic Unsweetened Soymilk	aisle 5
Woodchuck Hard Cider	Amber Draft	beer/wine
	Granny Smith Cider	beer/wine
	Pear Cider	beer/wine
Yerba Mate	Guayaki – 5 varieties	aisle 4
Zevia	Soda – only select varieties	aisle 4
Zola	Acai Juices – Original & Blueberry	drink cooler
Zu-Kay	Kvass Probiotic Cultured Veggie Drink	drink cooler

### **Breads/Biscuits/Buns/Muffins**

Against the Grain	Original Rolls	frozen
	Sesame Bagels	frozen
	Baguettes	frozen
	Vermont Country Rolls	frozen
	Cinnamon Raisin Bagels	frozen
	French Baguettes	frozen
Ener-G	Tapioca Hamburger Buns	end cap aisle 2
	Light Tapioca Loaf	end cap aisle 2
	Brown Rice Yeast-Free Loaf	end cap aisle 2
	White Rice Loaf	end cap aisle 2
	Tapioca Loaf	end cap aisle 2
	Tapioca Hot Dog Buns	end cap aisle 2
Food For Life	Brown Rice Tortillas	refrig bread
	Rice Millet Bread	frozen
	Brown Rice English Muffins	refrig bread
	Multi Seed English Muffins	refrig bread
Glutino	Flaxseed Bread	frozen
	Cinnamon Raisin Bread	frozen
	Fiber Bread	frozen
	Multigrain Sandwich Bread	frozen
	Harvest Corn Bread	frozen
	White Sandwich Bread	frozen
Julian Bakery	Paleo Bread – Coconut	frozen

Kinnickinick	Paleo Bread with almonds	frozen
	White Sandwich Bread	frozen
	Blueberry Muffins	frozen
Rudi's	Original Sandwich Bread	refrig bread
	Cinnamon Raisin Bread	refrig bread
	Multigrain Bread	refrig bread
	Plain Tortillas	refrig bread
	Spanish Tortillas	refrig bread
	FiestaTortillas	refrig bread
The Silly Yak Bakery	Banana Bread	frozen
Smart Grain	Sourdough Sandwich Bread	frozen
Smart Treat	Breads – 3 varieties	frozen
Sonoma	Yellow Corn Tortillas & Wraps	refrig bread
	Teff Wraps	refrig bread
Udi's	Blueberry Muffins	frozen
	Lemon Streusel Muffins	frozen
	Chocolate Muffins	frozen
	Millet Chia Bread	refrig bread
	Cinnamon Raisin Bread	refrig bread
	Whole Grain Bread	refrig bread
	White Bread	refrig bread
	Hot Dog Buns	refrig bread
	Hamburger Buns	refrig bread
	Bagels – 3 varieties	refrig bread
	Cinnamon Rolls	frozen
	Chocolate Chia Muffin Tops	frozen
	Blueberry Oat Muffin Tops	frozen

## **Candy**

Alter Ego	Dark Quinoa Organic Chocolate Bar	register 2
Endangered Species Chocolate	Bug Bites Chocolates – 2 varieties	register 2
	Chocolate Bars – 8 varieties	register 2
Enjoy Life	Boom Choco Boom Chocolate Bars – 3 varieties	register 2
Fearless Chocolate Company	Chocolate Bars	register 2 & raw shelf
The Ginger People	Gin-Gins Ginger Candy – 2 Varieties	bulk food
Go Raw	Chocolate Bars – select varieties	raw food
Heavenly Organics	Honey Patties – 2 Varieties	register 2
Justin's Organic	Peanut Butter Cups – 2 Varieties	register 2
Oskri	Coconut Bars – 2 Chocolate Varieties	register 1
ProBar	Bolt Organic Energy Chews – 4 Varieties	register 1
Stirs the Soul	Raw Chocolates –3 Varieties	register 1
Torie & Howard	Hard Candy – 4 Varieties	register 1
Two Moms in the Raw	Almond Butter Chocolate Truffle	raw shelf
VerMints	Mints – 3 Varieties	register 1
Vitacare	Whitening Gum	register 1
Xyla	Gum – 3 varieties	register 1
	Mints – 4 varieties	register 1

## **Cereals**

Ancient Harvest	Quinoa Flakes	aisle 5
Arrowhead Mills	Organic Maple Buckwheat Flakes	aisle 5
	Gluten Free Rise and Shine Hot Cereal	aisle 5
	Steel Cut Oats Hot Cereal	aisle 5
	Quinoa Rise & Shine Hot Cereal	aisle 5
	Bulgur Wheat	aisle 5
Bakery On Main	Extreme Fruit & Nut Granola	aisle 5
	Apple Raisin Walnut Granola	aisle 5

	Nutty Cranberry Maple Granola	aisle 5
	Triple Berry Granola	aisle 5
	Cinnamon Raisin Granola	aisle 5
Barbaras	Organic Brown Rice Crisps	aisle 5
	Puffins – 2 varieties	aisle 5
Bob's Red Mill	GF Old Fashioned Rolled Oats	aisle 5
	GF Steel Cut Oats	aisle 5
	GF Extra Thick Rolled Oats	aisle 5
	Mighty Tasty Hot Cereal	aisle 5
	Creamy Rice Hot Cereal	aisle 5
	Organic Creamy Rice Hot Cereal	aisle 5
	GF Quick Cooking Oats	aisle 5
	GF Muesli	aisle 5
	Organic Creamy Buckwheat Hot Cereal	aisle 5
	GF Oat Bran	aisle 5
Eco Planet	Maple & Brown Sugar Hot Cereal	aisle 5
	Instant Oatmeal	aisle 5
	Apple & Cinnamon Hot Cereal	aisle 5
Enjoy Life	Very Berry Crunch	aisle 5
	Cinnamon Crunch	aisle 5
	Perky's Crunchy Flax	aisle 5
	Perky's Crunchy Flax w/ Chia	aisle 5
Erewhon	Organic Corn Flakes	aisle 5
	Crispy Brown Rice Gluten Free	aisle 5
	Honey Crispy Brown Rice Mixed Berries	aisle 5
	Honey Rice Twice	aisle 5
	Cocoa Crispy Brown Rice	aisle 5
	Strawberry Rice	aisle 5
Food Your Body Likes	Cereal Revolution – Protect Your Body	aisle 5
	Cereal Revolution – You Complete Me	aisle 5
Glutenfreeda	Natural Instant Oatmeal	aisle 5
	Apple Cinnamon w/ Flax Instant Oatmeal	aisle 5
	Instant Oatmeal Variety Pack	aisle 5
	Maple Raisin with Flax Instant Oatmeal	aisle 5
Glutino	Apple & Cinnamon Rings	aisle 5
	Honey Nut Rings	aisle 5
	Berry Sensible Beginnings	aisle 5
	Frosted Corn Rice Flakes	aisle 5
Go Raw	Granolas – 3 varieties	raw shelf
Laughing Giraffe Organics	Cherry Ginger Granola	aisle 4
Nature Crops	Quinoa Puffs	aisle 5
	Quinoa Flakes	aisle 5
Nature's Path	EnviroKidz Peanut Butter Panda Puffs	aisle 5
	EnviroKidz Gorilla Munch	aisle 5
	EnviroKidz Leapin' Lemurs	aisle 5
	EnviroKidz Koala Crisp	aisle 5
	EnviroKidz Amazon Frosted Flakes	aisle 5
	Whole O's	aisle 5
	Crispy Rice	aisle 5
	Organic Corn Flakes	aisle 5
	Organic Mesa Sunrise	aisle 5
	Organic Honey'd Corn Flakes	aisle 5
	Maple Sunrise with Raisins	aisle 5
	Qia Cereals – 3 varieties	aisle 5
	Granolas – 3 varieties	aisle 5



Pocono	Cream of Buckwheat Cereal	aisle 5
Two Moms in the Raw	Granola – 5 varieties	raw shelf
	Plain Grain Free Cereal	raw shelf
Udi's	Granolas – 3 varieties	aisle 5

## **Condiments**

Amy's	Mild Salsa	chips
	Medium Salsa	chips
	Black Bean & Corn Salsa	chips
Annie's Naturals	Organic Ketchup	aisle 1
("Naturally Gluten Free")	Organic Horseradish Mustard	aisle 1
	Organic Yellow Mustard	aisle 1
	Organic Honey Mustard	aisle 1
	Organic Dijon Mustard	aisle 1
	Organic BBQ Sauce	aisle 1
Arrowhead Mills	Organic Peanut Butter- Creamy and Crunchy	aisle 3
Bragg's	Liquid Aminos	aisle 1
	Apple Cider Vinegar ("Naturally Gluten Free")	aisle 1
	Extra Virgin Olive Oil ("Naturally Gluten Free")	aisle 1
Bubbies	Sauerkraut	dairy cooler
	Bread & Butter Chips	dairy cooler
	Pure Kosher Dills	dairy cooler
Captain Toady's	Tasty Tartar Sauce	aisle 1
Coconut Secret	Coconut Vinegar	aisle 1
Drew's	Organic Mild Thick & Chunky Salsa	chips
	Organic Medium Thick & Chunky Salsa	chips
	Organic Medium Chipotle Lime Salsa	chips
	Organic Hot Thick & Chunky Salsa	chips
	Organic Fire Roasted Garlic	chips
Earth Balance	Coconut & Peanut Spread	aisle 3
	Peanut Butters – Creamy & Crunchy	aisle 3
Enrico's	Organic Salsa	chips
Field Day Natural	Pitted Olives and Green Pitted Olives	aisle 1
Follow Your Heart	Veganaise – 6 varieties	dairy cooler
	Veganaise Tartar Sauce	dairy cooler
	Veganaise Horseradish Sauce	dairy cooler
Frontera	Salsas – many varieties	
	("No Gluten Ingredients used")	aisle 4
Green Mountain Gringo	Salsas – 4 varieties	chips
Hilton Soy Foods	Wow Butter	aisle 3
I.M. Healthy	Soynut Butter	aisle 3
	Soynut Butter with Honey	aisle 3
	Chocolate Soynut Butter	aisle 3
Jeff's Naturals	Jalapeño Peppers	aisle 1
	Greek Pepperoncini	aisle 1
Just Great Stuff	Powdered Peanut Butter	aisle 3
MaraNatha	Raw Almond Butter	aisle 3
	Peanut Butters – several varieties	aisle 3
Nasoya	Nayonaise Vegan Sandwich Spread	aisle 1
Native Forest	Organic White Mushrooms	aisle 1
	Organic Crimini Mushrooms	aisle 1
Once Again	Almond Butters	aisle 3
	Peanut Butter	aisle 3
	Tahini Butter	aisle 3
	Sunflower Seed Butter	aisle 3
OrganicVille	Organic Ketchup	aisle 1

Premier Japan San-J	Organic Hoisin Sauce	aisle 1
	Organic Tamari	aisle 1
	Organic Reduced Sodium Tamari	aisle 1
	Sweet & Tangy Polynesian Sauce	aisle 1
	Teriyaki Sauce	aisle 1
Santa Cruz Organic Spectrum	Peanut Butter	aisle 3
	Light Canola Mayonnaise	aisle 1
	Omega 3 Mayonnaise w/ Flax Oil	aisle 1
	Canola Mayonnaise	aisle 1
	Mayonnaise with Olive Oil	aisle 1
	Organic Mayonnaise	aisle 1
Uncle Dougie's Woodstock	Barbecue Sauces – 3 varieties	aisle 1
	Organic Ketchup	aisle 1
	Organic Yellow Mustard	aisle 1
	Organic Dijon Mustard	aisle 1
	Organic Mayonnaise	aisle 1
Ziggy Marley's Coco'Mon	Cold Pressed Coconut Oils – 4 varieties	aisle 1

## **Cookies**

Andean Dream	Quinoa Cookies- 3 varieties	aisle 4
Amy's	Gluten Free Shortbread Cookies – 3 varieties	aisle 4
Annie's	Cocoa & Vanilla Bunny Cookies	aisle 4
Bobo's	Oat Bars – 4 varieties	aisle 4
Cybele's	Cookies – 3 varieties	aisle 4
Enjoy Life	Crunchy and Soft Baked Cookies – 8 varieties	aisle 4
Ginny Bakes	Gourmet Cookies – 3 varieties	aisle 4
Go-Raw	Original Supercookies	aisle 4
	Chocolate Supercookies	aisle 4
	Ginger Snaps Supercookies	aisle 4
	Supercookies – 5 varieties	raw shelf
Glutino	Milk Chocolate Wafer Cookies	aisle 4
	Lemon Wafer Cookies	aisle 4
	Chocolate Covered Vanilla Wafers	aisle 4
	Vanilla Wafers	aisle 4
	Chocolate Vanilla Crème Cookies	aisle 4
	Vanilla Crème	aisle 4
Home Free	Cookies – 2 varieties	aisle 4
Ian's	Animal Cookies	aisle 4
	Cookie Buttons – Chocolate Chip	aisle 4
Immaculate Baking Co.	Fudge Brownie Cookie Dough	dairy cooler
	Chocolate Chunk Cookie Dough	dairy cooler
Jennie's	Coconut Macaroons	aisle 4
	Chocolate Macaroons	aisle 4
	Chocolate Chip Macaroons	aisle 4
	Almond Macaroons	aisle 4
Jovial	Cookies – 3 varieties	aisle 4
Kinnickinick	Montana's Chocolate Chip Cookies	aisle 4
	Animal Cookies- 2 varieties	aisle 4
	K-Too's Vanilla Sandwich Crème Cookies	aisle 4
	K-Too's Chocolate Sandwich Crème Cookies	aisle 4
	S'moreables Graham Style Crackers	aisle 4
Liz Lovely	Cookies – several varieties	frozen
Lucy's	Cookies – 4 varieties	aisle 4
Mary's Gone Crackers	Love Cookies – 4 varieties	aisle 4
Mi-Del	Gingersnaps	aisle 4
	Cinnamon Snap Cookies	aisle 4
	Chocolate Chip Cookies	aisle 4

Nana's	Arrowroot Cookies	aisle 4
	Chocolate Munch Cookie Bars	aisle 4
	Berry Vanilla Cookies	aisle 4
Pamela's	Dark Chocolate Chunk Cookies	aisle 4
	Chocolate Chunk Pecan Shortbread	aisle 4
	Peanut Butter Cookies	aisle 4
	Butter Shortbread Cookies	aisle 4
	Simplebites Ginger Mini-Snapz	aisle 4
	Simplebites - Extreme Chocolate Mini Cookies	aisle 4
	Simplebites - Chocolate Mini Cookies	aisle 4
	Pecan Shortbread	aisle 4
	Lemon Shortbread	aisle 4
	Chunky Chocolate Chip Cookies	aisle 4
Schar	Cocoa Wafers	aisle 4
	Shortbread Cookies	aisle 4
Schroeter's	Lemon Sugar Cookie	frozen
	Chocolate Chip Cookie	frozen
Tree of Life	Cookies - 5 varieties	aisle 4
Udi's	Chocolate Chip Cookies	frozen
	Snickerdoodle Cookies	frozen
	Oatmeal Raisin Cookies	frozen

### **Crackers/Chips/Snacks**

Alive and Radiant Foods	Kale Krunch - 3 varieties	chips
Annie's	Bunny Fruit Snacks ("Naturally Gluten Free")	register 1
Back To Nature	Sesame Seed Rice Thins	aisle 4
Beanitos	Pinto Bean Chips - 2 varieties	chips
	Black Bean Chips - 2 varieties	chips
	White Bean Chips	chips
Blue Diamond	Pecan Nut Thins	aisle 4
	Almond Nut Thins - several varieties	aisle 4
	Hazelnut Nut-Thins	aisle 4
	Baked Nut Chips - Nacho	aisle 4
Boulder	Canyon Natural Foods Potato Chips - 2 varieties	chips
Clif Kid	Fruit Ropes - 4 varieties	register 1
Crisproot	Ridged Cassava Root Chips - 2 varieties	chips
Crunchmaster	Cheesy Crisps	aisle 4
	Grammy Crisps	aisle 4
	Multiseed Crackers - 3 varieties	aisle 4
Dr. In The Kitchen	Flackers Flax Crackers - Savory	aisle 4
	Flackers Flax Crackers - Dill	aisle 4
Edward & Sons	Brown Rice Snaps - Unsalted, Plain	aisle 4
	Brown Rice Snaps - Cheddar	aisle 4
	Brown Rice Snaps - Toasted Onion	aisle 4
	Exotic Rice Toast - Purple Rice & Black Sesame	aisle 4
Enjoy Life	Plentils Lentil Chips - 4 varieties	chips
Field Day	Tortilla Chips - 4 varieties	chips
Fireworks Popcorn	Wisconsin White Birch Popcorn	aisle 5
Flamous	Zatar Chips	chips
	Falafel Chips - 2 varieties	chips
Food Should Taste Good	Sweet Potato Chips - 2 varieties	chips
	Jalapeno Tortilla Chips	chips
	Multigrain Tortilla Chips	chips
	Chocolate Tortilla Chips	chips
	Blue Corn Tortilla Chips	chips
	Lime Tortilla Chips	chips
	Tortilla Chips	chips



Smart Puffs	Organic Sports Chews	register 1
Snyders of Hanover	Baked Cheese Puffs	chips
Suzie's	Gluten Free Pretzel Sticks	chips
Tanka Wild	Whole Grain Thin Cakes	aisle 4
Tasty Brand	Buffalo Stick	register 1
Terra Chips	Organic Fruit Snacks – 4 varieties	register 1
Two Moms in the Raw	Exotic Vegetable Chips – select varieties	chips
Way Better Snacks	Sea Crackers	raw food shelf
Xochitl	Tortilla Chips – 6 varieties	chips
	White Corn Chips	chips
	Blue Corn Chips	chips

### **Crusts**

Against The Grain	Pizza Shells	frozen
Bob's Red Mill	Pizza Crust Mix	aisle 3
Chebe	Pizza Crust Mix	aisle 3
Ener G	Pizza Shells	end cap aisle 1
Gluten Free Pantry	Perfect Pie Crust Mix	aisle 3
Glutino	Pizza Crust	frozen
Kinnikinnick	Personal Size Pizza Crust	frozen
Namaste	Pizza Crust Mix	aisle 3
Nature's HiLights	Brown Rice Pizza Crust	frozen
Udi's	Pizza Crust	frozen

### **Dairy/Cheese**

Almond Dream	Non Dairy Yogurts – 5 varieties	dairy
Andrew & Everett	Cheese – several varieties	cheeses
Brown Cow	Yogurt – All varieties	dairy
Chobani	Champions Greek Yogurts – several varieties	dairy
Daiya	Dairy Free Cheeses – 4 varieties	cheeses
Earth Balance	Natural Buttery Spread – 6 varieties	dairy
Follow Your Heart	Vegan Gourmet Cheese Alternatives – 3 varieties	cheeses
	Vegan Gourmet Sour Cream	dairy
	Vegan Gourmet Sour Cream	dairy
Go Veggie!	Cheddar Flavor Shreds	cheeses
	Vegan Topping – Parmesan Flavor	cheeses
	American Vegan Slices	cheeses
	Cheddar Flavor Slices	cheeses
	Pepper Jack Flavor Slices	cheeses
	Cream Cheese Alternative	dairy
Green Valley Organics	Lactose Free Yogurts – 2 varieties	dairy
Helios	Greek Kefir – 4 varieties	dairy
Hope Foods	Lentil Dips – 3 varieties	dairy
	Hummus Dips – 3 varieties	dairy
House Foods	Tofu Shirataki - 3 varieties	dairy
Kalona Super Natural	Organic Cultured Buttermilk	dairy
	Organic Butters – 2 varieties	dairy
	Supernatural Yogurts – 4 varieties	dairy
Liberte	Yogurt	dairy
Lifeway	Probugs Whole Milk Kefir	dairy
	Organic Lowfat Blueberry Kefir	dairy
	Organic Lowfat Plain Kefir	dairy
	Organic Lowfat Strawberry and Cream Kefir	dairy
	Pomegranate Acai Kefir	dairy
Nancy's	Yogurts – Whole Milk and Nonfat	dairy
Nasoya	Tofu – 5 varieties	dairy
Noisy Kettle	Hummus – 2 varieties	dairy

Oasis	Baba Ghannouj	egg cooler
Prosperity Organic	Melt Buttery Spread	dairy
Redwood Hill Farm	Goat Milk Yogurts – Plain and Vanilla	dairy
Rejuvenative Foods	Vegi-Delite Zing Salad	dairy
	Raw Sauerkraut	dairy
Rice Dream	Strawberry Frozen Dessert	frozen
	Vanilla Frozen Dessert	frozen
	Cocoa Marble Fudge Frozen Dessert	frozen
Screaming Dutchman	Parmasio	cheeses
Seven Stars Farm	Yogurts – 3 varieties	dairy
Siggi's	Yogurts – 3 varieties	dairy
So Delicious	Coconut Yogurts – All Varieties	dairy
	Coconut Milk Kefirs – All Varieties	dairy
Soy Station	Cheese Alternatives – 2 varieties	cheeses
Stonyfield Farm	Yogurt – All Varieties	dairy
	Super Smoothie – 4 varieties	dairy
Tofutti	Milk Free Sour Cream	dairy
Wayfare	Cheddar Spread	cheeses
Wildwood	Sproutofu	dairy
Zen	Chocolate Pudding made with Almond Milk	dairy
	Chocolate Pudding made with Soy Milk	dairy
Zen Soy	Vanilla Soy Pudding	dairy

## **Desserts**

Ah!Laska	Chocolate Syrup	aisle 3
Almond Dream	Non Dairy Frozen Desserts – 6 varieties	frozen
	Vanilla Bars	frozen
Amy's	Organic Chocolate Cake	frozen
Artic Zero	Frozen Dessert - Strawberry	frozen
Coconut Bliss	Coconut Bliss Bar	frozen
	Coconut Bliss Bar – Dark Chocolate	frozen
	Non Dairy Frozen Desserts – 4 varieties	frozen
Edward & Sons	Ice Cream Cones & Sugar Cones	aisle 3
Fellers	Cakes & Brownies	frozen
French Meadow Bakery	Chocolate Chip Cookie Dough	frozen
	Fudge Brownies	frozen
Goldbaum's	Sugar Cones	aisle 3
Hail Merry	Miracle Tarts – 3 varieties	egg cooler
	Macaroons – 3 varieties	egg cooler
Jolly Llama	Sorbet Pops – 3 varieties	frozen
Kinnickinick	Vanilla Glazed Donuts	frozen
	Cinnamon Sugar Donuts	frozen
	Maple Glazed Donuts	frozen
Natural Choice	Fruit Pops – 3 varieties	frozen
Natural Desserts	Raspberry Jello	aisle 3
	Strawberry Jello	aisle 3
Santa Cruz	Mint Chocolate Flavored Syrup	aisle 3
	Raspberry Chocolate Flavored Syrup	aisle 3
	Chocolate Flavored Syrup	aisle 3
Smart Treat	Chocolate Cups - assorted varieties	frozen
So Delicious	Coconut Milk Frozen Desserts – 7 varieties	frozen
Talenti	Gelato Pops – 3 varieties	frozen
Tofutti	Totally Fudge Premium Pops	frozen
Truwhip	Whipped Topping – Regular and Light	frozen
Wax Orchard	Classic Fudge Sauce	aisle 3

## **Ethnic Food**

Annie Chun's	Original Maifun Rice Noodles	aisle 1
	Pad Thai Rice Noodles	aisle 1
	Roasted Seaweed Snacks – Sesame	aisle 1
Coconut Secret	Coconut Aminos	aisle 1
Cook Simple	Punjabi Curry Mix	aisle 2
Dr. McDougall's	Asian Entrees - Pad Thai Noodle	aisle 1
	Asian Entrees - Lentil Curry Pilaf	aisle 1
Explore Asian	Organic Mung Bean Fettuccine	aisle 1
	Organic Black Bean Spaghetti	aisle 1
	Organic Soybean Spaghetti	aisle 1
gimMe	Roasted Seaweed Snacks – 3 varieties	aisle 1
Happy Pho	Vietnamese Brown Rice Noodles	aisle 1
	Vietnamese Brown Rice Noodle Soups – 3 varieties	aisle 1
Jyoti	Matar – Paneer	aisle 1
	Jaipur Karhi	aisle 1
	Madras Sambar	aisle 1
	Punjabi Chhole	aisle 1
	Delhi Saag	aisle 1
	Dal Makhani	aisle 1
	Saag-Paneer	aisle 1
	Mung Dal	aisle 1
	Channa Dal	aisle 1
Let's Do Organic	Organic Creamed Coconut	aisle 1
Native Forest	Organic Coconut Milk	aisle 1
	Organic Coconut Milk Light	aisle 1
Sea's Gift	Roasted Seaweed Snacks – 2 varieties	aisle 1
Tasty Bites	Channa Masala	aisle 1
	Mushroom Takatak	aisle 1
	Vegetable Korma	aisle 1
	Spinach Dal	aisle 1
	Madras Lentils	aisle 1
	Aloo Palak	aisle 1
	Bombay Potatoes	aisle 1
	Bangkok Beans	aisle 1
	Ginger Lentil Rice	aisle 1
	Spinach Channa	aisle 1
Thai Kitchen	Organic Coconut Milk	aisle 1
	Organic Lite Coconut Milk	aisle 1

## **Flour/Baking/Mixes**

Afrofusion Cuisine	Seasonings – 3 varieties	aisle 3
Ah!Laska	Bakers Cocoa Powder	aisle 3
Ancient Harvest	Quinoa Flour	aisle 3
Among Friends	Hand Crafted Baking Mixes – 4 Cookie and Crisp Mixes	aisle 3
Arrowhead Mills	Gluten Free Pancake & Baking Mix	aisle 3
	Organic Buckwheat Flour	aisle 3
	Organic Millet Flour	aisle 3
	Organic Yellow Corn Meal	aisle 3
	Organic Brown Rice Flour	aisle 3
	Organic White Rice Flour	aisle 3
	All Purpose Baking Mix	aisle 3
	Vanilla Cake Mix	aisle 3
Authentic Foods	Vanilla Powder	aisle 3

	Guar Gum	aisle 3
	Dough Enhancer	aisle 3
	Sweet Rice Flour	aisle 3
	Chocolate Cake Mix	aisle 3
	Multi-Blend Flour	aisle 3
	Bette's Gourmet Rice Blend	aisle 3
	Falafel Mix	aisle 3
	Classical Blend	aisle 3
	Brown Rice Flour	aisle 3
	Almond Meal Flour	aisle 3
	Pie Crust Mix	aisle 3
	Garbanzo Flour	aisle 3
	Potato Flour	aisle 3
Bioforce	Herbamare	aisle 3
Bob's Red Mill	Almond Meal Flour	aisle 3
	Golden Flaxseed Meal	aisle 3
	Flaxseed Meal	aisle 3
	Baking Soda	aisle 3
	Baking Powder	aisle 3
	Arrowroot Flour	aisle 3
	Garbanzo & Fava Bean Flour	aisle 3
	Xanthan Gum	aisle 3
	Teff Flour	aisle 3
	All Purpose Flour	aisle 3
	Brownie Mix	aisle 3
	Pancake Mix	aisle 3
	Sweet White Sorghum Flour	aisle 3
	Coconut Flour	aisle 3
	Biscuit & Baking Mix	aisle 3
	Oat Flour	aisle 3
	Hearty Whole Grain Bread Mix	aisle 3
	Homemade Wonderful Bread Mix	aisle 3
	Textured Vegetable Protein	aisle 3
	Potato Starch	aisle 3
	Cornstarch	aisle 3
	Chocolate Cake Mix	aisle 3
	Shortbread Cookie Mix	aisle 3
	Vanilla Cake Mix	aisle 3
	Chocolate Chip Cookie Mix	aisle 3
	Cinnamon Raisin Bread Mix	aisle 3
	Amaranth Flour	aisle 3
	Garbanzo Bean Flour	aisle 3
	Corn Flour	aisle 3
	Cornmeal	aisle 3
	Quinoa Flour	aisle 3
	Pizza Crust Whole Grain Mix	aisle 3
	White Rice Flour	aisle 3
	Browne Rice Flour	aisle 3
	Hazelnut Meal Flour	aisle 3
	Tapioca Flour	aisle 3
	Guar Gum	aisle 3
Bragg	Organic Sprinkle Seasoning	aisle 3
Chebe	Pizza Crust Mix	aisle 3
	Cheesebread Mix	aisle 3
	Focaccia Mix	aisle 3
Cherrybrook Kitchen	Pancake and Waffle Mix	aisle 3
	Chocolate Chip Pancake Mix	aisle 3



Coconut Secret	Coconut Flour	aisle 3
Dagoba	Cacao Powder	aisle 3
Elyon	Marshmallows and Mini Marshmallows	aisle 3
EnerG	Pure Rice Bran	aisle 3
	Potato Starch Flour	aisle 3
	Egg Replacer	aisle 3
	Tapioca Flour	aisle 3
Enjoy Life	Semi-Sweet Chocolate Chips – Mini & Mega	aisle 3
Fearn	Brown Rice Baking Mix	aisle 3
Flavorganics	Chocolate Extract	aisle 3
	Almond Extract	aisle 3
	Vanilla Extract	aisle 3
Gluten Free Mama	Mama's Almond Flour Blend	aisle 3
Gluten-Free Pantry	Brown Rice Pancake & Waffle Mix	aisle 3
	Favorite Sandwich Bread Mix	aisle 3
	Old Fashioned Cake & Cookie Mix	aisle 3
	Decadent Chocolate Cake Mix	aisle 3
	Perfect Pie Crust Mix	aisle 3
	Perfect Pie Crust Mix	aisle 3
	Chocolate Chip Cookie & Cake Mix	aisle 3
	Double Chocolate Brownie Mix	aisle 3
Glutino	Himalayan Pink Sea Salt	aisle 3
Himalasalt	Chicken Coating Mix	aisle 1
Hol-Grain	All Natural Panko Bread Crumbs – 2 varieties	aisle 3
Ians	Pancake & Waffle Mix	aisle 3
Kinnikinnick	Angel Food Cake Mix	aisle 3
	Chocolate Cake Mix	aisle 3
Let's Do...Organic	Tapioca – Granulated	aisle 3
	Tapioca – Small Pearl	aisle 3
	Coconut	aisle 3
	Coconut Flour	aisle 3
	Shredded Coconut	aisle 3
	Coconut Flakes	aisle 3
	Sprinkelz	aisle 3
Morinaga	Tofus – 3 varieties	aisle 3
Namaste	Muffin Mix	aisle 3
	Blondie Mix	aisle 3
	Spice Cake Mix	aisle 3
	Vanilla Cake Mix	aisle 3
	Brownie Mix	aisle 3
	Cookie Mix	aisle 3
	Chocolate Cake Mix	aisle 3
	Hot 'N Spicy Coating Mix	endcap aisle 1
	Barbecue Coating Mix	endcap aisle 1
	Pizza Crust Mix	aisle 3
	Waffle & Pancake Mix	aisle 3
	No Sugar Added Muffin Mix	aisle 3
	Perfect Flour Blend	aisle 3
	Bread Mix	aisle 3
Nature Crops	Quinoa Flour	aisle 3
Pamela's	Chocolate Brownies	aisle 3
	Baking & Pancake Mix	aisle 3
	Dark Chocolate Frosting	aisle 3
	Vanilla Cake	aisle 3
	Vanilla Frosting	aisle 3
	Bread Mix	aisle 3
	Chocolate Chunk Cookie Mix	aisle 3

	Chocolate Cake Mix	aisle 3
	Cornbread and Muffin Mix	aisle 3
Redmond	Real Salt	aisle 3
	Garlic Salt	aisle 3
	Kosher Salt	aisle 3
Rumford	Baking Powder	aisle 3
	Reduced Sodium Baking Powder	aisle 3
Simply Organic	Carrot Cake Mix	aisle 3
	Cranberry Bread Mix	aisle 3
	Pure Vanilla Extract	aisle 3
	Pancake & Waffle Mix	aisle 3
Spectrum	Organic Shortening	aisle 3
Terramazon	Cacao Nibs	reg 3

### **Frozen Foods**

Against The Grain	Pizza – 2 varieties	frozen
Amy's	Burrito – Cheddar Cheese	frozen
	Mexican Tamale Pie	frozen
	Shepherd's Pie	frozen
	Thai Stir Fry	frozen
	Asian Noodle Stir Fry	frozen
	Mexican Casserole Bowl	frozen
	Santa Fe Enchilada Bowl	frozen
	Rice Mac & Cheese	frozen
	Teriyaki Bowl	frozen
	Baked Ziti Bowl	frozen
	Burrito – Non Dairy	frozen
	Brown Rice & Vegetable Bowl	frozen
	Bistro Burger	frozen
	Tortilla Casserole & Black Beans	frozen
	Tamale Verde Cheese	frozen
	Cheese Enchiladas	frozen
	Black Bean & Vegetable Enchilada	frozen
	Black Bean & Vegetable Enchilada – Light Sodium	frozen
	Black Eyed Peas & Veggie Bowl	frozen
	Indian Vegetable Korma	frozen
	Indian Matar Paneer	frozen
	Indian Palak Paneer	frozen
	Garden Vegetable Lasagne	frozen
	Tofu Scramble Breakfast Wrap	frozen
Applegate	Gluten Free Chicken Nuggets	frozen
	Gluten Free Chicken Breast Tenders	frozen
	Organic Turkey Burgers	frozen
	Uncured Beef Corn Dogs	frozen
	Chicken & Apple Breakfast Sausage	frozen
	Uncured Turkey Bacon	frozen
	Uncured Sunday Bacon	frozen
Artisan Bistro	Ginger Chicken	frozen
	Wild Salmon with Pesto	frozen
Bell & Evans	Grilled Chicken Breasts	frozen
	Chicken Breast Nuggets	frozen
	Chicken Breast Tenders	frozen
Black Tie	Raw Easy to Peel Shrimp	frozen
Blue Horizon	Alaskan Salmon Surf Burgers	frozen
Bold Organics	Turn on the Flavor Pizzas – 4 varieties	frozen
Busy Brees	Superfood Italian	frozen
Caesar's	Potato Gnocchi	frozen

Cedarlane	Egg White Omelettes	
	- Spinach & Mushroom	frozen
	- Green Chile, Cheese & Ranchero Sauce	frozen
	Three Layer Enchilada Pie	frozen
Cochina De Leon	Enchiladas – 5 varieties	frozen
Gluten-Free Café	Fettuccini Alfredo	frozen
Glutino	Pizza Crusts	frozen
	Uncured Pepperoni Pizza	frozen
Good Karma	Rice Divine – Very Vanilla Ice Cream	frozen
	Rice Divine – Mudd Pie Ice Cream	frozen
Hilary's Eat Well	Hemp & Greens Burger	frozen
	Veggie Burger	frozen
	Adzuki Burger	frozen
Ian's	Alpha-Tots Potato Fries	frozen
	Popcorn Turkey Corn Dogs	frozen
	Chicken Nuggets	frozen
	Chicken Patties	frozen
	Fish Sticks	frozen
	Chicken Tenders	frozen
	Cinnamon French Toast Sticks	frozen
Kinnickinick	Personal Size Pizza Crusts	frozen
Nature's HiLights	Brown Rice Pizza Crust	frozen
Nature's Path	Buckwheat Wildberry Waffles	frozen
	Chia Plus Waffles	frozen
	Homestyle Waffles	frozen
Organic Prairie	Pork Links	frozen
Crunch	Quinoa Burgers – 3 varieties	frozen
Shelton's	Turkey Meatballs	frozen
	Turkey Breast Sausage	frozen
Sol Cuisine	Organic Falafel	frozen
	Organic Tofu Ribs	frozen
	Organic Veggie Crumbles	frozen
Sophie's Kitchen	Vegan Crab Cakes	frozen
	Breaded Vegan Scallops	frozen
Sunshine Burgers	Garden Herb Burgers	frozen
	Southwest Burgers	frozen
	Falafel Patties	frozen
	Barbeque Burgers	frozen
	Original Burgers	frozen
	Hemp & Sage Burgers	frozen
Van's	Wheat & Gluten Free Pancakes	frozen
	Wheat & Gluten Free Buckwheat w/ Berries Waffles	frozen
	Wheat & Gluten Free Blueberry Waffles	frozen
	Wheat & Gluten Free Original Waffles	frozen
	Wheat & Gluten Free French Toast Sticks	frozen

### **Grains/Rice/Boxed Dinners**

Amy's	Refried Beans - Traditional	aisle 2
	Refried Beans – Black Beans	aisle 2
	Vegetarian Baked Beans	aisle 2
Ancient Harvest	Traditional Quinoa	aisle 2
	Inca Red Quinoa	aisle 2
	Harmony Tri-Color Blend	aisle 2
	Quinoa Mac & Cheese	aisle 2
Annie's	Rice Pasta & Cheddar	aisle 2
	Rice Pasta & Creamy White Cheddar Sauce	aisle 2
	Classic Alfredo Skillet Dinner	aisle 2

Arrowhead Mills Eden Organics	Deluxe Rice Pasta Dinner	aisle 2
	Organic Yellow Corn Grits	aisle 2
	Brown Rice & Chick Peas	aisle 2
	Brown Rice & Pinto Beans	aisle 2
	Brown Rice & Green Lentils	aisle 2
Edward & Sons	Cajun Rice & Beans	aisle 2
	Caribbean Rice & Beans	aisle 2
	Organic Mashed Potatoes	aisle 2
Fantastic World Foods	Dairy-Free Chreesy Mashed Potatoes	aisle 2
	Black Beans	aisle 2
Food Merchants Frontera	Refried Beans	aisle 2
	Original Hummus Mix	aisle 2
	Polenta	aisle 2
	Enchilada Sauces – 2 varieties ("No Gluten Ingredients Used")	aisle 2
	Taco Sauces – 2 varieties ("No Gluten Ingredients Used")	aisle 2
Goose Valley Jyoti Organics	Guacamole Mixes ("No Gluten Ingredients Used")	aisle 2
	Wild Rice	aisle 2
	Kidney Beans	aisle 2
	Black Beans	aisle 2
	Rice – select varieties (not Carnaroli)	aisle 1
Lotus Foods Lundberg	California Brown Jasmine Rice	aisle 2
	California Brown Basmati Rice	aisle 2
	California White Basmati Rice	aisle 2
	California White Jasmine Rice	aisle 2
	California Sushi Rice	aisle 2
	Long Grain Brown Rice	aisle 2
	Long Grain White Rice	aisle 2
	Short Grain Brown Rice	aisle 2
	White Arborio Rice	aisle 2
	Black Japonica Rice	aisle 2
	Risotto – Florentine	aisle 2
	Risotto – Tuscan	aisle 2
	Risotto – Alfredo	aisle 2
	Risotto – Porcini Mushroom	aisle 2
	Risotto – Creamy Parmesan	aisle 2
	Risotto – Italian Herb	aisle 2
	Risotto – Garlic Primavera	aisle 2
Mrs. Leeper's	Brown Rice Couscous	aisle 2
	Beef Stroganoff	aisle 2
	Creamy Tuna	aisle 2
	Cheeseburger Mac	aisle 2
Nature Crops	Beef Lasagna	aisle 2
	Quinoa Seeds	aisle 2
Road's End Organics	Precooked Quinoa	aisle 2
	Dairy Free Mac & Chreese	aisle 2
	Dairy Free Penne & Chreese	aisle 2
Shelton's Simply Organic	Premium Breast of Chicken	aisle 2
	French Onion Dip Mix	aisle 2
	Ranch Dip Mix	aisle 2
	Creamy Dill Dip Mix	aisle 2
	Spinach Dip Mix	aisle 2
	Sloppy Joe Seasoning Mix	aisle 2
	Chipotle Black Bean Dip Mix	aisle 2
	Guacamole Dip Mix	aisle 2

	Enchilada Sauce Mix	aisle 2
	Mole Sauce Mix	aisle 2
Tasty Bite	Jasmine Rice	aisle 1
	Brown Rice	aisle 1
	Basmati Rice	aisle 1
Texas Best	Organic Brown Jasmine Rice	aisle 2
	Organic Long Grain Brown Rice	aisle 2
	Organic Long Grain White Rice	aisle 2
Tru Roots	Organic Quinoa	aisle 2
	Organic Germinated Brown Rice	aisle 2
	Organic Sprouted Mung Beans	aisle 2
	Organic Sprouted Quinoa	aisle 2
	Organic Chia Seeds	aisle 2
	Organic Sprouted Green Lentils	aisle 2
	Accents Sprouted Quinoa Trio	aisle 1
	Accents Sprouted Rice Trio	aisle 1
	Accents Sprouted Lentil Trio	aisle 1

## **Meats**

Applegate Farms	Luncheon Meats	meat
	-Herb Turkey Breast	
	-Roasted Turkey Breast	
	-Smoked Turkey Breast	
	-Uncured Honey Ham	
	-Honey & Maple Turkey Breast	
	-Uncured Black Forest Brand Ham	
	-Organic Roasted Chicken Breast	
	-Organic Smoked Chicken Breast	
	-Slow Cooked Ham	
	-Roast Beef	
	Uncured Pancetta	meat
	Uncured Pepperoni	meat
	Uncured Genoa Salami	meat
	Prosciutto	meat
	Chicken & Turkey Sausage – 4 varieties	meat
	The Great Organic Chicken Hot Dogs	meat
	The Great Organic Turkey Hot Dogs	meat
	The Great Uncured Beef Hot Dogs – 2 varieties	meat
	Chicken & Apple Breakfast Sausage	frozen
	Uncured Big Apple Hot Dogs	meat
Grass Run Farms	Summer Sausage	meat
Niman Ranch	Sausages & Bratwurst – 6 varieties	meat
	Maple Uncured Bacon	meat
Pederson's Natural Farms	Uncured Kielbasa Smoked	meat
	Sweet German Brand Smoked Sausage	meat
	Cowboy Bacon – 2 varieties	meat
Shelton's	Turkey Breast Sausage	frozen
Tecumseh Farms	Chicken Sausages – 6 varieties	meat

## **Pasta**

Ancient Harvest	Quinoa Garden Pagodas	aisle 2
	Quinoa Shells	aisle 2
	Quinoa Elbows	aisle 2
	Quinoa Rotelle	aisle 2
	Quinoa Spaghetti	aisle 2
Andean Dream	Quinoa Pasta - Fusilli	aisle 2
	Quinoa Pasta – Spaghetti	aisle 2

DeBole's	Rice Spaghetti Style	aisle 2
	Rice Lasagna Pasta	aisle 2
	Multi-Grain Penne Pasta	aisle 2
	Rice plus Golden Flax Spirals	aisle 2
	Rice plus Golden Flax Angel Hair Pasta	aisle 2
	Corn Elbow Pasta	aisle 2
Field Day	Brown Rice Pastas – 5 varieties	aisle 2
Lundberg	Brown Rice Spaghetti	aisle 2
	Rotini	aisle 2
	Penne	aisle 2
Miracle Noodle	Angel Hair	aisle 2
	Fettuccini	aisle 2
	Garlic and Herb	aisle 2
Mrs. Leeper's	Corn Spaghetti Pasta	aisle 2
	Corn Elbow Pasta	aisle 2
RP's Pasta Company	Gluten Free Spinach Fettuccine	meat
	Gluten Free Fettuccine	meat
Schar	Spaghetti Pasta	aisle 2
	Penne Pasta	aisle 2
Tinkyada	Brown Rice Spaghetti Style Pasta	aisle 2
	Spinach Spaghetti Style Pasta	aisle 2
	Fettuccini Style Pasta w/ Rice Bran Pad Thai	aisle 2
	Brown Rice Shells	aisle 2
	Brown Rice Spirals	aisle 2
	Brown Rice Elbows	aisle 2
	Brown Rice Penne with Rice Bran	aisle 2
	Brown Rice Penne	aisle 2
	Brown Rice Fusilli	aisle 2
	Vegetable Spirals	aisle 2
	Brown Rice Lasagna	aisle 2
TruRoots	Ancient Grain Pasta – 4 varieties	aisle 2

## **Raw Foods**

Dastony	Cashew Butter	raw shelf
	Coconut Butter	raw shelf
	Sesame Tahini	raw shelf
	Almond Tahini	raw shelf
Navitas	Power Snacks	raw shelf
Raw Revolution	Organic Live Food Bars – 3 varieties	raw shelf
Really Goods	Raw Food & Nut Thing	raw shelf
Go Raw	Granolas – 3 varieties	raw shelf
	Seed Mix	raw shelf
	Sunflower Seeds	raw shelf
	Live Bars – 3 varieties	raw shelf
	Flax Bar	raw shelf
	Spirulina Energy Bar	raw shelf
Sunbiotics	Original Almonds & Flavored Varieties	raw shelf
Two Moms in the Raw	Almond Butter Chocolate Truffle	raw shelf

## **Salad Dressings**

Annie's Naturals

Sesame Ginger Vinaigrette ("Gluten Free")	aisle 1
Green Goddess Dressing ("Naturally Gluten Free")	aisle 1
Cowgirl Ranch ("Naturally Gluten Free")	aisle 1
Organic French ("Naturally Gluten Free")	aisle 1
Papaya Poppy Seed Dressing ("Naturally Gluten Free")	aisle 1
Creamy Asiago Cheese Dressing ("Naturally Gluten Free")	aisle 1
Buttermilk Dressing ("Naturally Gluten Free")	aisle 1
Caesar ("Naturally Gluten Free")	aisle 1
Thousand Island ("Naturally Gluten Free")	aisle 1
Green Garlic Dressing ("Naturally Gluten Free")	aisle 1
Roasted Garlic Vinaigrette ("Naturally Gluten Free")	aisle 1
Pomegranate Vinaigrette ("Naturally Gluten Free")	aisle 1
Balsamic Vinaigrette ("Naturally Gluten Free")	aisle 1
Red Wine & Olive Oil ("Naturally Gluten Free")	aisle 1
Oil & Vinegar w/ Balsamic Vinaigrette ("Naturally Gluten Free")	aisle 1
Dressing Mixes – 3 varieties	aisle 1

Simply Organic

## **Sauces/Seasoning Mixes**

Annie Chun's

Crofters

Imagine

Rigoni di Asiago

Road's End Organics

Santa Cruz Organic

Simply Organic

Thai Kitchen

Thai Peanut Sauce	aisle 1
Just Fruit Spreads – 4 varieties	aisle 3
Premium Spreads – 10 varieties	aisle 3
Superfruit Spreads – 4 varieties	aisle 3
Vegetarian Wild Mushroom Gravy	aisle 2
Savory Beef Flavored Gravy	aisle 2
Fiordifrutta Fruit Spreads – 6 varieties	aisle 3
Savory Herb Gravy Sauce	aisle 2
Quick Gravy Mix	aisle 2
Fruit Spreads – 4 varieties	aisle 3
Mulling Spice	aisle 5
Gumbo Base	aisle 2
Mushroom Sauce	aisle 2
Roasted Chicken Gravy	aisle 2
Roasted Turkey Gravy	aisle 2
Vegetarian Brown Gravy	aisle 2
Black Bean Seasoning Mix	aisle 2
Jambalaya Seasoning Mix	aisle 2
Dirty Rice Seasoning Mix	aisle 2
Red Bean Seasoning Mix	aisle 2
Chipotle Black Bean Dip Mix	chips
Red Curry Paste	aisle 1
Pad Thai Sauce	aisle 1
Peanut Satay Sauce	aisle 1
Green Curry Paste	aisle 1
Premium Fish Sauce	aisle 1
Panang Curry Simmer Sauce	aisle 1
Green Curry Simmer Sauce	aisle 1
Yellow Curry Simmer Sauce	aisle 1
Red Curry Simmer Sauce	aisle 1

## Soups

Amy's	Cream of Tomato Lowfat	aisle 2
	Lentil Light in Sodium	aisle 2
	Lentil Vegetable	aisle 2
	Lentil	aisle 2
	Low Fat Split Pea	aisle 2
	Southwestern Vegetable Soup	aisle 2
	Organic Chunky Tomato Bisque	aisle 2
	Curried Lentil	aisle 2
Edward & Sons	Miso Cup Reduced Sodium	aisle 2
	Low Sodium Veggie Bouillon	aisle 2
	Not Beef Vegan Bouillon	aisle 2
	Traditional Miso Cup w/ Tofu	aisle 2
Field Day Organic	Beef Organic Broth	aisle 2
	Beef Organic Broth Low Sodium	aisle 2
Gluten Free Cafe	Soups – 7 varieties	aisle 2
Health Valley Organic	Cream of Mushroom Soup	aisle 2
	Cream of Chicken Soup	aisle 2
Imagine	Organic Vegetable Broth	aisle 2
	Organic Free Range Chicken Broth	aisle 2
	Organic Beef Flavored Broth	aisle 2
	Organic Beef Flavored Broth Low Sodium	aisle 2
	Organic No Chicken Broth Low Sodium	aisle 2
	Beef & Chicken Cooking Stocks – assorted varieties	aisle 2
	Carrot Almond Soup	aisle 2
	Sweet Pea Soup	aisle 2
	Organic No Chicken Broth	aisle 2
	Organic Low Sodium Free Range Chicken	aisle 2
	Organic Low Sodium Vegetable Broth	aisle 2
	Organic Butternut Squash Soup	aisle 2
	Organic Red Bliss Potato & Roasted Garlic	aisle 2
	Organic Creamy Harvest Corn Soup	aisle 2
	Organic Creamy Garden Tomato Soup	aisle 2
	Organic Creamy Tomato Basil Soup	aisle 2
	Organic Potato Leek Soup	aisle 2
	Organic Creamy Tomato	aisle 2
	Creamy Portobello Mushroom Soup	aisle 2
	Creamy Broccoli Soup	aisle 2
Organic Gourmet	Vegetable Bouillon	aisle 2
	Vegetable Bouillon low sodium	aisle 2
Pacific	Organic Beef Broth	aisle 2
	Organic Vegetable Broth & Low Sodium	aisle 2
	Organic Free Range Chicken Broth	aisle 2
	Organic Roasted Red Pepper & Tomato	
	Light in Sodium	aisle 2
	Organic Butternut Squash Bisque	aisle 2
	Creamy Tomato, Low Sodium	aisle 2
	Organic Free Range Chicken Broth Low Sodium	aisle 2
	Organic Roasted Red Pepper & Tomato	aisle 2
	French Onion	aisle 2
	Cream of Mushroom Soup	aisle 2
	Cream of Chicken Soup	aisle 2
	Rosemary Potato Chowder	aisle 2
	Mushroom Broth	aisle 2
	Soup Starters – 3 varieties	aisle 2
	Hearty Tomato Bisque	aisle 2
	Chicken & Wild Rice Soup	aisle 2



Wolfgang Puck	Cashew Carrot Ginger Soup	aisle 2
	Organic Free Range Chicken with Rice	aisle 2
	Signature Butternut Squash Soup	aisle 2
	Hearty Lentil Vegetable Soup	aisle 2
	Tomato Basil Bisque	aisle 2

### **Sugars/Sweeteners**

Big Tree Farms	Coconut Palm Sugar	aisle 3
Coconut Secret	Coconut Crystals	aisle 3
	Coconut Nectar	aisle 3
Hey Shuga!	Cane Sugar Syrup	aisle 3
Lundberg	Brown Rice Syrup	aisle 3
Madhava	Agave Nectar Light	aisle 3
	Agave Nectar Amber	aisle 3
Once Again	Honeys – 2 varieties	aisle 3
Pyure	Organic Stevia Sweetener	aisle 3
SweetLeaf	Natural Stevia Sweetener Packets	aisle 3
Tree of Life	Light Agave Nectar	aisle 3
	Amber Agave Nectar	aisle 3
Wholesome Sweeteners	Organic Blue Agave (“Naturally Gluten Free”)	aisle 3
	Organic Raw Blue Agave (“Naturally Gluten Free”)	aisle 3

### **Supplements**

Barlean’s	Fish Oils – many varieties	drink cooler
Garden of Life	Raw Meal Snack & Meal Replacement	register 3
	Raw Protein	register 3
	Raw Fit	register
Proventive	Harmonized Vegan Protein	register 3
Rainbow Light	Advanced Enzyme System	register 1
	Protein Energizer – Vanilla	register 3
Teras Whey	Organic Whey Protein – 2 varieties	register 3
Vitalah	Oxylent Supplement Drink – 3 varieties	register 1