

## Harvest Deal Prices as of 9/22/24

BRAND	CATEGORY	PRODUCT DESCRIPTION	Size	Size	Price
CADIA	Baking	FLOUR ALMOND SUPER FINE	16	OZ	\$ 7.99
CADIA	Baking	VANILLA EXTRACT OG	2	OZ	\$ 7.99
CADIA	Baking	VANILLA EXTRACT OG	4	OZ	\$ 12.99
CADIA	Baking	ALMOND EXTRACT OG	4	OZ	\$ 4.99
CADIA	Baking Supplies	FLOUR ALL PURP UNBLCH ORG	5	LB	\$ 7.99
New Glarus	Beer	Spotted Cow Farmhouse Ale	6	EA	\$ 8.99
New Glarus	Beer	Fat Squirrel Ale	6	EA	\$ 8.99
New Glarus	Beer	Two Women Lager	6	EA	\$ 8.99
New Glarus	Beer	IPA	6	EA	\$ 8.99
New Glarus	Beer	Moon Man	6	EA	\$ 8.99
New Glarus	Beer	Pilsner	6	EA	\$ 8.99
New Glarus	Beer	Totally Naked	6	EA	\$ 8.99
Desert Essence	Body Care	Coconut Conditioner	8	OZ	\$ 8.19
Desert Essence	Body Care	Coconut Shampoo	8	OZ	\$ 8.19
Desert Essence	Body Care	Fragrance Free Conditioner	8	OZ	\$ 8.19
Desert Essence	Body Care	Fragrance Free Shampoo	8	OZ	\$ 8.19
Everyone Nourishing	Body Care	Lotion Citrus Mint	32	OZ	\$ 11.49
Everyone Nourishing	Body Care	Lotion Coconut & Lemon	32	OZ	\$ 11.49
Everyone Nourishing	Body Care	Lotion Lavender & Aloe	32	OZ	\$ 11.49
Everyone Nourishing	Body Care	Lotion Unscented	32	OZ	\$ 11.49
Mill Creek	Body Care	Deodorant Unscented	2.5	OZ	\$ 5.99
Mill Creek	Body Care	Deodorant Lavender	2.5	OZ	\$ 5.99
Mill Creek	Body Care	Deodorant Aloe	2.5	OZ	\$ 5.99
CADIA	Broth	BROTH CHKN FREE RANGE ORG	32	OZ	\$ 2.29
CADIA	Broth	BROTH CHKN FREE RANGE LOW SODIUM ORG	32	OZ	\$ 2.29
CADIA	Broth	BROTH VGTBL LS ORG	32	OZ	\$ 2.29
CADIA	Broth	BROTH VGTBL ORG	32	OZ	\$ 2.29
CADIA	Canned Beans	BEAN BLACK REFRIED ORG	16	OZ	\$ 1.79
CADIA	Canned Beans	BEAN REFRIED ORG	16	OZ	\$ 1.79
CADIA	Canned Beans	BEAN BLACK ORG	15	OZ	\$ 1.29
CADIA	Canned Beans	BEAN GARBANZO ORG	15	OZ	\$ 1.29
CADIA	Canned Beans	BEAN GREAT NORTHERN ORG	15	OZ	\$ 1.29
CADIA	Canned Beans	BEAN KIDNEY ORG	15	OZ	\$ 1.29
CADIA	Canned Beans	BEAN PINTO ORG	15	OZ	\$ 1.29
CADIA	Canned Seafood	TUNA ALBACORE SOLID	5	OZ	\$ 2.49
CADIA	Canned Seafood	TUNA TONGOL CHNK LT	5	OZ	\$ 2.29
CADIA	Canned Veggies	VEG CORN SWEET CAN ORG	15	OZ	\$ 2.49
CADIA	Canned Veggies	VEG GRN BEAN CUT CAN ORG	14.5	OZ	\$ 2.49
CADIA	Canned Veggies	VEG PEAS SWEET CAN ORG	15	OZ	\$ 2.49
CADIA	Cereal	CEREAL RAISIN BRAN ORG	12	OZ	\$ 4.69
CADIA	Cereal	CEREAL ALMOND CLUSTERS	11	OZ	\$ 3.99
CADIA	Cereal	GRANOLA BLUEBERRY FLAX	13	OZ	\$ 3.99
CADIA	Cereal	GRANOLA CHOC HAZELNUT	11	OZ	\$ 3.99
CADIA	Cereal	GRANOLA HONEY ALMOND	13	OZ	\$ 3.99
CADIA	Cereal	GRANOLA HONEY OAT	12	OZ	\$ 3.99
CADIA	Chips	CADIA EVERYDAY VEGGIE STRAWS SEA SLT	5	OZ	\$ 2.49
CADIA	Chips	CADIA EVERYDAY VEGGIE STRAWS JALAPENO	5	OZ	\$ 2.49
CADIA	Coconut Milk	MILK COCONUT ORG	13.5	FO	\$ 2.29
CADIA	Coconut Milk	MILK COCONUT LIGHT ORG	13.5	FO	\$ 1.99
CADIA	Coffee	COFFEE GROUND FRENCH ROAST ORG	10	OZ	\$ 7.99
CADIA	Coffee	COFFEE WHOLE BEAN COLUMBIAN ORG	10	OZ	\$ 7.99
CADIA	Coffee	COFFEE GROUND BREAKFAST BLEND ORG	10	OZ	\$ 7.99
Equal Exchange	Coffee	Org Bird of Paradise	16	OZ	\$ 11.99
Equal Exchange	Coffee	Org Breakfast Blend	16	OZ	\$ 11.99
Equal Exchange	Coffee	Org French Roast	16	OZ	\$ 11.99
Equal Exchange	Coffee	Org Love Buzz	16	OZ	\$ 11.99
Equal Exchange	Coffee	Org Peruvian	16	EA	\$ 11.99
CADIA	Condiments	MAYONNAISE ORG	32	OZ	\$ 8.99
CADIA	Condiments	KETCHUP ORG	24	OZ	\$ 3.29
CADIA	Condiments	MUSTARD DIJON ORG	8	OZ	\$ 2.49
CADIA	Condiments	MUSTARD WHL GRAIN ORG	8	OZ	\$ 2.49
CADIA	Condiments	MUSTARD YELLOW CLSSC ORG SQUEEZ	14	OZ	\$ 2.29
CADIA	Cookies	COOKIE SNDWCH MAPLE ORG	11.4	OZ	\$ 4.79
CADIA	Cookies	COOKIE SNDWCH CHOC ORG	10.5	OZ	\$ 3.99
CADIA	Cookies	COOKIE SNDWCH VNLLA ORG	10.5	OZ	\$ 3.99
SASSY COW	Dairy	Skim Natural Milk	1	GAL	\$ 4.69
SASSY COW	Dairy	1% Natural Milk	1	GAL	\$ 4.69
SASSY COW	Dairy	2% Natural Milk	1	GAL	\$ 4.79
SILK	Dairy	Almond Milk, Vanilla	0.5	GAL	\$ 4.59
SILK	Dairy	Almond Milk, Unsweetened	0.5	GAL	\$ 4.59
Yerba Prima	Digestive Health	Daily Fiber Formula	12	OZ	\$ 12.99
CADIA	Dried Fruits	RAISIN SUNDRD ORG	15	OZ	\$ 5.99
State Line	Eggs	Large Organic Eggs	1	DZ	\$ 3.99
CADIA	Frozen Fruits	FRUIT BLEND TRIPLE BERRY ORG	10	OZ	\$ 3.69
CADIA	Frozen Fruits	FRUIT CHERRIES SWT PTTD ORG	10	OZ	\$ 3.69
CADIA	Frozen Fruits	FRUIT MANGO ORG	10	OZ	\$ 3.69
CADIA	Frozen Fruits	FRUIT STRAWBERRIES ORG	10	OZ	\$ 3.69
CADIA	Frozen Fruits	FRUIT BLUEBERRIES ORG	10	OZ	\$ 3.69
CADIA	Frozen Fruits	FRUIT PINEAPPLE ORG	10	OZ	\$ 3.69
CADIA	Frozen Fruits	FRUIT BANANA SLICED ORG	10	OZ	\$ 3.29
CADIA	Frozen Pizza	WOOD FIRE PIZZA FOUR CHEESE ORG	12	OZ	\$ 7.99
CADIA	Frozen Pizza	WOOD FIRE PIZZA MARGARITA ORG	13	OZ	\$ 7.99
CADIA	Frozen Veggies	VEG BEAN GREEN CUT ORG	16	OZ	\$ 3.99
CADIA	Frozen Veggies	VEG BROCCOLI FLORETS ORG	16	OZ	\$ 3.99
CADIA	Frozen Veggies	VEG CALIF BLEND ORG	16	OZ	\$ 3.99
CADIA	Frozen Veggies	VEG CORN SUPERSWEET ORG	16	OZ	\$ 3.99
CADIA	Frozen Veggies	VEG MIXED ORG	16	OZ	\$ 3.99
CADIA	Frozen Veggies	VEG PEAS & SHOESTRING CARROT OR	16	OZ	\$ 3.99

CADIA	Frozen Veggies	VEG PEAS ORG	16	OZ	\$ 3.99
CADIA	Frozne Appetizer	CADIA EVERYDAY CHICKEN NUGGETS	20	OZ	\$ 8.99
CADIA	Frozne Appetizer	CADIA EVERYDAY BUFFALO CHICKEN NUGGETS	20	OZ	\$ 8.99
CADIA	Fruit	APPLE SAUCE UNSWEETENED ORG	24	OZ	\$ 3.99
CADIA	Fruit	APPLE SAUCE UNSWEETENED ORG	4	PK	\$ 3.29
CADIA	Fruit Preserves & Jellies	JELLY GRAPE CONCORD ORG	13	OZ	\$ 4.49
CADIA	Fruit Preserves & Jellies	PRESERVE APRICOT ORG	13	OZ	\$ 4.49
CADIA	Fruit Preserves & Jellies	PRESERVE BLUEBERRY ORG	13	OZ	\$ 4.49
CADIA	Fruit Preserves & Jellies	PRESERVE MIXED BERRY ORG	13	OZ	\$ 4.49
CADIA	Fruit Preserves & Jellies	PRESERVE MORLO CHERRY ORG	13	OZ	\$ 4.49
CADIA	Fruit Preserves & Jellies	PRESERVE RASPBERRY ORG	13	OZ	\$ 4.49
CADIA	Fruit Preserves & Jellies	PRESERVE STRAWBERRY ORG	13	OZ	\$ 4.49
CADIA	Household Supplies	LAUNDRY DTRGNT LIQ 2X FREE&CLR	100	OZ	\$ 11.99
CADIA	Household Supplies	LAUNDRY DTRGNT LIQ 2X LAVENDER	100	OZ	\$ 11.99
CADIA	Household Supplies	TISSUE BATH 12PK 25OCT	1	EA	\$ 8.99
CADIA	Household Supplies	FABRIC SFTNR FREE&CLEAR	50	OZ	\$ 6.29
CADIA	Household Supplies	FABRIC SFTNR LAVENDER	50	OZ	\$ 6.29
CADIA	Household Supplies	DISH SOAP LIQ CITRUS	25	OZ	\$ 3.99
CADIA	Household Supplies	DISH SOAP LIQ FREE&CLEAR	25	OZ	\$ 3.99
CADIA	Household Supplies	TISSUE BATH 4PK 25OCT	1	EA	\$ 3.79
CADIA	Household Supplies	TOWEL PAPER SNG RL 12OCT	1	EA	\$ 2.19
CADIA	Household Supplies	TISSUE FACIAL 1PK 85CT	1	EA	\$ 1.59
Gaia	Immunity Support	Elderberry Tonic	4	OZ	\$ 14.59
Natural Factors	Immunity Support	Wild Alaskan Fish Oil	90	EA	\$ 13.89
Nutiva	Immunity Support	Organic MCT Oil	32	OZ	\$ 39.99
OM	Immunity Support	Master Blend	80	EA	\$ 22.99
OM	Immunity Support	Lions Mane	90	EA	\$ 22.99
Megafood	Joint Health	Tumeric Curcumin	60	EA	\$ 12.49
Good Harvest	Meat & Seafood	Pasture Raised Ground Beef - 3 lb Minimum	1	lb	\$ 6.99
Good Harvest	Meat & Seafood	Boneless Pork Chops - 2 lb Minimum	1	lb	\$ 3.99
Ney's	Meat & Seafood	Chicken Breast, Natural - 3 lb Minimum	1	lb	\$ 5.99
Jarrow	Mineral	Bone Up	120	EA	\$ 14.99
Life Extension	Mineral	Magnesium Citrate	100	EA	\$ 8.99
Natural Factors	Mineral	Zinc Chelate	90	EA	\$ 5.99
Natural Factors	Mineral	Zinc Citrate	90	EA	\$ 5.99
Vitamer	Mineral	Whole Iron Caps	60	EA	\$ 12.99
CADIA	Non-Dairy Butter	SPREAD BUTTERY VEGAN ORG	13	OZ	\$ 4.99
CADIA	Nut Butters	ALMOND BTR CRMY ORG	16	OZ	\$ 12.99
CADIA	Nut Butters	ALMOND BTR CRUNCHY	16	OZ	\$ 8.99
CADIA	Nut Butters	SUNFLOWER SEED BTR ORG	16	OZ	\$ 6.49
CADIA	Nut Butters	PEANUT BTR CRMY ORG	16	OZ	\$ 5.99
CADIA	Nut Butters	PEANUT BTR CRNCHY ORG	16	OZ	\$ 5.99
CADIA	Oil & Vinegar	OIL OLIVE XVR MEDTRN ORG	500	ML	\$ 9.49
CADIA	Oil & Vinegar	OIL CANOLA ORG	32	FO	\$ 6.49
CADIA	Oil & Vinegar	OIL CCNUT VIRG UNREFINED ORG	14	FO	\$ 6.49
CADIA	Oil & Vinegar	VINEGAR APPLE CIDER ORG	32	OZ	\$ 5.69
CADIA	Oil & Vinegar	VINEGAR BALSAMIC ORG	500	ML	\$ 4.99
CADIA	Oil & Vinegar	CADIA EVERYDAY OIL AVOCADO	16.9	OZ	\$ 7.49
Dr. Bronner	Oral Health	Anise Toothpaste	5	OZ	\$ 6.29
Dr. Bronner	Oral Health	Cinnamon Toothpaste	5	OZ	\$ 6.29
Dr. Bronner	Oral Health	Peppermint Toothpaste	5	OZ	\$ 6.29
Dr. Bronner	Oral Health	Spearmint Toothpaste	5	OZ	\$ 6.29
Tea Tree Therapy	Oral Health	Mouthwash	12	OZ	\$ 5.99
CADIA	Pasta	PASTA FARFALLE ORG	16	OZ	\$ 1.99
CADIA	Pasta	PASTA FUSILLI ORG	16	OZ	\$ 1.99
CADIA	Pasta	PASTA LINGUINE ORG	16	OZ	\$ 1.99
CADIA	Pasta	PASTA PENNE ORG	16	OZ	\$ 1.99
CADIA	Pasta	PASTA SPAGHETTI ORG	16	OZ	\$ 1.99
CADIA	Pasta	BROWN RICE ELBOW MAC	16	OZ	\$ 2.99
CADIA	Pasta	BROWN RICE FETTUCINI	16	OZ	\$ 2.99
CADIA	PASTA SAUCES	SAUCE PASTA ARRIATA ORG	24	OZ	\$ 3.49
CADIA	PASTA SAUCES	SAUCE PASTA ARRIATA ORG	24	OZ	\$ 3.49
CADIA	Pasta Sauces	SAUCE PASTA MARINARA ORG	24	OZ	\$ 3.49
CADIA	Pasta Sauces	SAUCE PASTA RSTD GAR ORG	24	OZ	\$ 3.49
CADIA	Pasta Sauces	SAUCE PASTA TOM BASL ORG	24	OZ	\$ 3.49
CADIA	Popcorn	POPCORN 3PK MICRO LT SALT ORG	9.9	OZ	\$ 3.29
CADIA	Popcorn	POPCORN LGHT SALT ORG	5	OZ	\$ 2.99
CADIA	Popcorn	POPCORN WHT CHDR ORG	4	OZ	\$ 2.99
Good Harvest	Probiotic	Probiotic	60	EA	\$ 21.29
Good Harvest	Produce	Organic Bananas	1	LB	\$ 0.79
Good Harvest	Produce	Organic Cello Carrots	2	lb	\$ 2.29
CADIA	Refrigerated Cheese	CHEESE SLC PROV ORG	6	OZ	\$ 3.99
CADIA	Refrigerated Cheese	CHEESE SLC CHDR MILD ORG	6	OZ	\$ 3.99
CADIA	Refrigerated Cheese	CHEESE SHRD MOZZRLLA ORG	6	OZ	\$ 3.99
CADIA	Refrigerated Cheese	CHEESE SHRD SHRP CHDR ORG	6	OZ	\$ 3.99
CADIA	RICE & QUINOA	RICE JASMINE	32	OZ	\$ 4.99
CADIA	RICE & QUINOA	RICE JASMINE	32	OZ	\$ 4.99
CADIA	Rice & Quinoa	SEED CHIA ORG	12	OZ	\$ 5.49
CADIA	Rice & Quinoa	RICE BRWN SHRT GRAIN ORG	32	OZ	\$ 5.49
CADIA	Rice & Quinoa	RICE BRWN LONG GRAIN ORG	32	OZ	\$ 4.99
CADIA	Rice & Quinoa	RICE WHT LONG GRAIN ORG	32	OZ	\$ 4.99
CADIA	Rice & Quinoa	QUINOA TRI COLOR ORG	16	OZ	\$ 4.79
Bluebonnet	Sleep Aid	Melatonin 3mg	60	EA	\$ 5.99
Bluebonnet	Sleep Aid	Melatonin 5mg	60	EA	\$ 6.99
Everyone	Soap	3 in 1 Soap Lavender Aloe	32	OZ	\$ 9.99
Everyone	Soap	3 in 1 Soap Coconut Lemon	32	OZ	\$ 9.99
Everyone	Soap	3 in 1 Soap Unscented	32	OZ	\$ 9.99
Everyone	Soap	3 in 1 Soap Vanilla + Lavender	32	OZ	\$ 9.99
Tea Tree Therapy	Soap	Eucalyptus Soap	3.5	OZ	\$ 3.99
Tea Tree Therapy	Soap	Vegetable Based Soap	3.9	OZ	\$ 3.99
CADIA	Soup	SOUP CREAMY MUSHROOM ORG	14.1	OZ	\$ 2.99

CADIA	Soup	SOUP CARROT COCONUT ORG	14.1	OZ	\$ 2.99
CADIA	Soup	SOUP CHILI BEAN VEGAN ORG	14.1	OZ	\$ 2.99
CADIA	Soup	SOUP THREE LENTIL ORG	14.1	OZ	\$ 2.99
Sprout Living	Supplements	Pea Protein	1	LB	\$ 23.99
Sprout Living	Supplements	Pumpkin Protein	1	LB	\$ 29.99
Sprout Living	Supplements	Sunflower Protein	1	LB	\$ 23.99
CADIA	Sweeteners	HONEY WILDFLOWER ORG	16	OZ	\$ 6.99
CADIA	Tomatoes	TOMATO CRUSHED W BASIL ORG	28	OZ	\$ 2.79
CADIA	Tomatoes	TOMATO DICED ORG	28	OZ	\$ 2.79
CADIA	Tomatoes	TOMATO DICED NSA ORG	14.5	OZ	\$ 1.79
CADIA	Tomatoes	TOMATO DICED ORG	14.5	OZ	\$ 1.79
CADIA	Tomatoes	TOMATO SAUCE ORG	15	OZ	\$ 1.79
CADIA	Tomatoes	TOMATO PASTE ORG	6	OZ	\$ 1.29
Kal	Vitamin	Multisaurus	90	EA	\$ 14.99
Natural Factors	Vitamin	Vitamin C	90	EA	\$ 9.99
Natural Factors	Vitamin	Vitamin D 10,000IU	120	EA	\$ 15.39
Natural Factors	Vitamin	Vitamin D 5000IU	120	EA	\$ 11.49
Natural Factors	Vitamin	Vitamin D 2000IU	120	EA	\$ 8.49
Natural Factors	Vitamin	Vitamin D 1000IU	90	EA	\$ 4.69
Natures Way	Vitamin	Mens Ultra Potency Vitamin	60	EA	\$ 22.99
Natures Way	Vitamin	Mens 50+ Ultra Potency Vitamin	60	EA	\$ 21.99
Natures Way	Vitamin	Womens 50+ ultra Potency Vitamin	60	EA	\$ 21.99
Natures Way	Vitamin	Womens Ultra Potency Vitamin	60	EA	\$ 21.99
Vitamer	Vitamin	B-Complex	60	EA	\$ 11.99
Our Daily	Wine	Cabernet Sauvignon	1	EA	\$ 9.49
Our Daily	Wine	Red	1	EA	\$ 9.49