

deals

2X monthly!

March 25–April 14, 2026

Scan to download!



Bob's Red Mill Organic Flour
selected varieties

\$6.29
5 lb



Vital Farms Organic Pasture-Raised Large Eggs

\$8.99
1 dz



Fresh Savings in Full Bloom

St. Dalfour French Fruit Spread
selected varieties



\$4.29
10 oz

Kerrygold Butter
selected varieties



\$4.99
8 oz

Nancy's Organic Cream Cheese
selected varieties



\$3.79
8 oz

Lundberg Family Farms Organic Rice Pouches
selected varieties



\$7.49
2 lb

Califia Farms Organic Almondmilk



\$4.99
48 oz

SmartSweets Candy
selected varieties



2/\$5
1.8 oz

If You Care Parchment Baking Paper



\$4.99
70 sq ft

ECOS Laundry Detergent
selected varieties



\$12.99
100 oz

Annie's Organic Cheddar Cheesy Smiles



2/\$7
4 oz



Look for new deals on April 15!



We believe food has the power to impact the future of the planet and everybody on it.

From partnering with the farmers who grow our food to thoughtfully choosing the packaging it comes in, we've always had your family and our planet in mind.



Annie's Mac & Cheese
selected varieties

4/\$5
5.25 - 6 oz



Annie's Organic Bunny Crackers
selected varieties

2/\$6
7 - 7.5 oz



Annie's Organic Fruit Snacks
selected varieties

2/\$6
7 oz

Dr. McDougall's Ramen
selected varieties



2/\$4
1.8-1.9 oz

Napa Valley Naturals Organic Extra Virgin Olive Oil



\$17.99
25.4 oz

Manitoba Harvest Organic Hemp Hearts



\$9.99
12 oz

GOOD GOOD Jam
selected varieties



\$3.99
12 oz



Stock your pantry with delicious organic soups and broths from Pacific Foods. Our soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.



Pacific Foods Organic Soup
selected varieties

2/\$5
10.5 oz



Pacific Foods Organic Broth
selected varieties

\$2.99
32 oz

Muir Glen Organic Tomatoes
selected varieties



2/\$5
28 oz

Westbrae Natural Organic Beans

selected varieties

2/\$5

15 oz



Cascadian Farm Organic Potatoes

selected varieties

2/\$7

16 oz



Little Secrets Crispy Wafers

selected varieties

2/\$4

1.4-1.8 oz



Lovebird Organic Grain-Free Cereal

selected varieties

\$5.79

7 oz



Purely Elizabeth Granola

selected varieties

\$6.29

12 oz



DR. BRONNER'S ALL-ONE!



Dr. Bronner's All-One Toothpaste

selected varieties

\$5.49

5 oz



Dr. Bronner's Regenerative Organic Coconut Oil

\$6.99

14 oz

Roasted Salmon and White Bean Spread

15 MIN • SERVES 4 • GLUTEN-FREE

INGREDIENTS

- 1 15-ounce can white beans, drained and rinsed
- 2 tablespoons chopped chives
- 4 tablespoons olive oil, divided
- 2 tablespoons fresh oregano leaves or ¼ teaspoon dried oregano
- 2 tablespoons lemon juice
- 2 large garlic cloves, minced
- 1 tablespoon capers, drained
- ½ teaspoon sea salt
- Crackers or bread to serve
- ¼ teaspoon coarse ground black pepper

DIRECTIONS

- 1 In a food processor combine beans, 3 tablespoons of olive oil, lemon juice, garlic, salt, and pepper. Run processor until mixture is smooth.
- 2 Spread bean mixture onto a service plate creating swirls. Drizzle on remaining olive oil and top with flaked smoked fish, fresh herbs, and capers.
- 3 Serve with crackers or sliced artisan bread.





We're creating a wave of "Cascading Change" with cereal! Cascadian Farm is a pioneering supporter of farmers who use practices that regenerate our land and communities. Our Raisin Bran and Honey Oat Crunch cereals contain at least 1% Kernza grain, a plant that helps mitigate climate change, slow soil erosion, keep our water clean, and protect wildlife habitats. Let's build a more sustainable future!

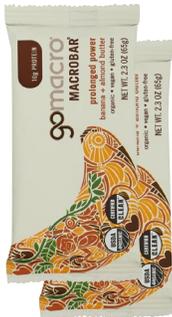


Cascadian Farm Organic Cereal
selected varieties

2/\$7

8.6 -14.6 oz

GoMacro Organic MacroBar
selected varieties



2/\$5

2-2.3 oz

CHOMPS Meat Snack Sticks
selected varieties



2/\$4

1.15 oz

KIND Nut Bar
selected varieties



2/\$3

1.4 oz

Vegan Crispy Bars

20 MIN PREP + 1 HR CHILL · SERVES 6-8 · GLUTEN-FREE, VEGAN

INGREDIENTS

- 1 cup smooth peanut butter, unsalted
- 2/3 cup brown rice syrup
- 1/3 cup maple syrup
- 1 1/2 teaspoon vanilla extract
- 5 cups rice cereal
- 1 1/2 cups vegan bittersweet chocolate chips
- 1 tablespoon neutral oil
- 3 tablespoons shredded coconut

DIRECTIONS

- 1 In a 6-quart pot, melt together peanut butter, syrups, and vanilla on medium low heat. Stir in cereal.
- 2 Spread mixture in a parchment-lined 9" by 9" pan and press down flat.
- 3 Melt chocolate with oil and spread over bars. Sprinkle with coconut and chill until set, about 1 hour.





Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days!



Back to Nature Crackers
selected varieties

2/\$6

4-7 oz



Back to Nature Sandwich Cookies
selected varieties

\$3.69

8.25 - 9 oz

Skinny Dipped Dark Chocolate Almonds

selected varieties

\$3.99

3.5 - 4 oz



Tate's Bake Shop Cookies

selected varieties

\$4.29

6.5 - 7 oz



Solely Organic Fruit Jerky

selected varieties

4/\$5

0.8 oz



Good Health Avocado Oil Potato Chips

selected varieties

2/\$5

5 oz



Annie's Organic Graham Crackers

selected varieties

\$4.29

14.4 oz



Mavuno Harvest Organic Chocolate Dipped Dried Fruit

selected varieties

\$3.29

3 oz



Magic Organic Chocolate Bar

selected varieties

\$3.79

2.93-3 oz



Frontier Co-Op Organic Ground Cinnamon

\$4.79

1.76 oz



Spectrum Culinary Organic White Vinegar

\$5.99

32 oz



**Enjoy Life
Chocolate Chips**

selected varieties



\$5.79

9 oz

**Miss Jones Baking Co
Organic Frosting**

selected varieties

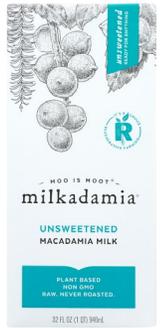


\$4.79

11.29 oz

**Milkadamia
Macadamia Milk**

selected varieties



\$4.29

32 oz

**R.W. Knudsen
Juice Blend**

selected varieties



\$4.29

32 oz

**C2O
Coconut Water**

selected varieties



\$2.29

17.5 oz

**Nixie
Organic Soda**

selected varieties



\$1.69

12 oz

**Health-Ade
Organic Kombucha**

selected varieties



2/\$6

16 oz

**Eternal
Naturally Alkaline
Spring Water**



\$1.79

1.5 lt

**Steaz
Organic
Iced Green Tea**

selected varieties



2/\$3

16 oz

**Vive
Organic
Wellness Shot**

selected varieties



2/\$5

2 oz

**Koia
Plant-Based
Protein Shake**

selected varieties



2/\$6

12 oz

NATIONAL
VOLUNTEER MONTH



Delicious, easily digestible goat milk kefir is not only packed with probiotics, but also a good source of protein. And our creamy European-style butter will elevate even the simplest recipes. Meyenberg...bringing the goodness of goat milk to people since 1934.



Meyenberg Goat Kefir
selected varieties

\$6²⁹

32 oz



Meyenberg Goat Milk Butter

\$5⁷⁹

8 oz

Ripple Plant-Based Milk
selected varieties

\$4⁴⁹

48 oz



Organic Valley Organic Milk
selected varieties

\$4⁷⁹

64 oz



Wonder Juice Organic Juice Blend
selected varieties

\$2⁷⁹

8.45 oz



Uncle Matt's Organic Orange Juice
selected varieties

\$7⁹⁹

52 oz



Harmless Harvest Organic Coconut Water

\$4²⁹

16 oz



Nuts for Cheese Organic Dairy-Free Cheese
selected varieties

\$5⁹⁹

4.2 oz



BelGioioso Fresh Mozzarella Cheese Ball
selected varieties

\$2⁷⁹

8 oz



Wildwood Organic High Protein Super Firm Tofu

\$3⁷⁹

16 oz



Ithaca Hummus
selected varieties

2/\$7

10 oz



Immaculate Organic Flaky Biscuits

\$3⁷⁹

16 oz



Jolly Llama Frozen Dessert Cones
selected varieties

\$3⁹⁹

3 ct



Rudi's
Organic Sliced Bread
selected varieties



\$4.49

22 oz

Bluebonnet
Liquid Calcium
Magnesium Citrate
selected varieties



\$15.99

16 oz

Nordic Naturals
Ultimate Omega



\$21.99

60 ct

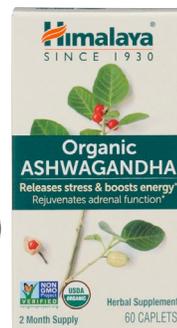
MegaFood
Magnesium 300 mg



\$12.99

60 ct

Himalaya
Organic
Ashwagandha



\$17.99

60 ct



**National
Bake Week**

April 6-12

**THE GOOD
COLLECTIVE™**



Good For You.
Good For All.

At The Good Collective, we believe in providing clean and trustworthy wellness essentials that are good for people, planet, and community. Goodness and intentionality guide everything we do—from our clean label promise to our commitment to independent retailers.

Find The Good Collective at an independent retailer near you.

ShopTheGoodCollective.com



**Boiron
AllergyCalm Meltaway
Tablets**

\$11.99

60 tab



**Natural Factors
Women's 50+
Multivitamin & Mineral**

\$27.99

60 ct



**Garden of Life
Organic Women's
Multi Fruit &
Vitamin Chews**

\$24.99

120 ct



**Gaia Herbs
Turmeric Supreme
Extra Strength**

\$20.99

60 vcap



**Davids
Premium Toothpaste**

selected varieties

\$5.99

5.25 oz



**Mrs. Meyer's Clean Day
Liquid Dish Soap**

selected varieties

\$3.79

16 oz



**Avalon Organics
Shampoo or
Conditioner**

selected varieties

\$7.99

11 oz



**gaia[®]
HERBS**

*We Get The Most
Out of Plants,
So You Can Get The Most
Out of Life*

Crispy Sheet Pan Ramen

40 MIN • SERVES 4 • TRADITIONAL

INGREDIENTS

- 2/3 cup teriyaki sauce or your favorite stir fry sauce
- 2 teaspoons sriracha hot sauce
- 1 teaspoon chicken bouillon, optional
- 6 tablespoons avocado oil
- 4 packages ramen noodles
- 1 pound boneless, skinless chicken breast, sliced into 1/4" thick pieces and halved
- 1/2 pound broccoli, cut into 1/2" pieces
- 6 ounces sugar snap peas, trimmed
- 1/4 pound carrots, peeled and sliced into 1/8" slices
- 4 scallions, cut into 1" pieces

DIRECTIONS

- 1 Preheat oven to 450°F. Whisk together teriyaki sauce, sriracha, optional chicken bouillon, and oil until smooth.
- 2 Cook ramen noodles based on the package instructions. Drain and rinse.
- 3 Place chicken, broccoli, snap peas, carrots, scallions, cooked noodles and half of the sauce mixture in a mixing bowl and toss to combine.
- 4 Evenly spread mixture on one or two unlined sheet pans. Rearrange chicken pieces so they are on the top of the noodles and veggies.
- 5 Bake for 15 minutes then turn the broiler on high and continue to cook until chicken has cooked through, approximately 3–5 minutes, and to desired crispness.
- 6 Remove from oven and drizzle with remaining sauce as needed.



*Chicken can be substituted for another protein of choice. Proteins should be cut into 1/4" slices for fast cooking.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



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