

# deals

November 30–December 26, 2024

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**Kerrygold Butter**  
selected varieties  
8 oz

**\$4.79**



**Dr. Bronner's Organic Pure Castile Soap**  
selected varieties  
5 oz

**\$3.99**

## Sweet savings on holiday treats

**Immaculate Organic Cinnamon Rolls**



**\$5.79**

17.5 oz

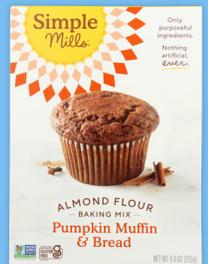
**Enjoy Life Foods Chocolate Chips**  
selected varieties



**\$5.79**

10 oz

**Simple Mills Almond Flour Baking Mix**  
selected varieties



**\$5.99**

9–12.9 oz

**Vital Farms Butter**  
selected varieties



**\$3.49**

8 oz

**Lily's Chocolate Baking Chips**  
selected varieties



**\$5.99**

9 oz

**UNREAL Chocolate Bars**  
selected varieties



**\$4.29**

3.4–4.2 oz

**Essentia Alkaline Water**



**2/\$3**

1.5 lt

**KeVita Organic Kombucha**  
selected varieties



**\$2.79**

15.2 oz

**Traditional Medicinals Organic Tea**  
selected varieties



**\$4.29**

16 ct



Our updated packaging pays homage to our rich heritage. At Bionaturae, authentic Italian means more than food that comes from Italy. It's an attachment to traditions and quality. It's organic ingredients that represent the heart & soul of an Italian kitchen. Welcome to our big Italian table.



**Bionaturae Organic Tomato Paste**

**\$229**

7 oz



**Bionaturae Organic Strained Tomatoes**

**\$329**

24 oz

**Dr. McDougall's Ramen**

selected varieties

**\$189**

1.8-1.9 oz



**Crown Prince Natural Smoked Oysters**

selected varieties

**\$329**

3 oz

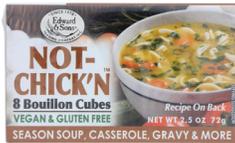


**Edward & Sons Bouillon Cubes**

selected varieties

**\$199**

2.5-3.1 oz



**Rao's Homemade Pasta Sauce**

selected varieties

**\$699**

24 oz



**Organic Valley Organic Ghee**

**\$1199**

13 oz



**Penne Rigate with Tomato Sauce**

25 MIN • SERVES 4-6 • VEGETARIAN

**INGREDIENTS**

- 2 cups strained tomatoes
- 2 tablespoons extra virgin olive oil
- 1 clove garlic, minced
- 1/2 teaspoon salt
- 1/2 cup fresh basil leaves
- 1 box of penne rigate
- Grated Parmigiano Reggiano

**DIRECTIONS**

- 1 In a medium saucepan, simmer the strained tomatoes, extra virgin olive oil, garlic, and salt for 15 minutes.
- 2 Turn off the heat and add basil.
- 3 Cook penne rigate according to package instructions, stirring frequently.
- 4 Drain and toss the pasta with the tomato sauce.
- 5 Serve with grated cheese.



**Frontier**  
Organic Ground Cinnamon

**\$4.79**

1.76 oz



**Koia**  
Plant-Based Protein Shake

selected varieties

**2/\$6**

12 oz



**Kettle**  
Potato Chips

selected varieties

**2/\$6**

5 oz



Celebrate the season with Kettle Brand's Backyard BBQ kettle chips! Crafted from premium potatoes, these chips bring the smoky, spicy, tangy, and slightly sweet flavors of a BBQ right to your holiday gathering. Whether it's a cozy night in or a lively party, Kettle Brand chips are extra in the best way.

**GT's**  
Kombucha

selected varieties

**\$7.49**

48 oz



**Green Valley Creamery**  
Organic Lactose Free  
Cream Cheese

**\$3.49**

8 oz



**Organic Valley**  
Organic Ricotta Cheese

**\$5.29**

15 oz



At Hu, we obsessively vet every ingredient to unite indulgent moments with unmatched simplicity. We go beyond what is easy and expected to ensure that our products and practices are ethical and put both humanity and the human body first.



**Hu**  
Organic Chocolate Bar

selected varieties

**\$3.29**

2.1 oz



Crunchy Crackers made with signature ingredients: brown rice, quinoa, flax, and sesame seeds. Great textured with toasty flavors. Gluten free, plant based, and organic.



**Mary's Gone Crackers Organic Real Thin Crackers**  
selected varieties

**\$329**

5 oz



**Mary's Gone Crackers Organic Crackers**  
selected varieties

**\$379**

6.5 oz



**Bubbies Kosher Dill Pickles**  
selected varieties



**\$729**

33 oz

**Miyoko's Organic Plant Milk Mozzarella**



**\$629**

8 oz

**Feel Good Foods Gluten Free Egg Rolls**  
selected varieties



**\$649**

9 oz

## Keto Everything Cheeseball

20 MIN • SERVES 4 • GLUTEN-FREE, KETO

### INGREDIENTS

- 8 ounces cream cheese, softened
- ½ cup shredded cheddar cheese
- ¼ cup grated Parmesan cheese
- ¼ teaspoon sea salt
- 2 teaspoons of your favorite spice blend

### DIRECTIONS

- 1 Mix cream cheese, cheddar, Parmesan, and salt until well combined.
- 2 Form mixture into a ball and chill for one hour in refrigerator.
- 3 When ready to serve, sprinkle or roll cheeseball in spice blend.
- 4 Serve with your favorite veggies, crackers, or chips.



**Boiron  
ColdCalm**



**\$10<sup>99</sup>**

60 tab

**Solgar  
Vitamin C 1000 mg Gummy**



**\$16<sup>99</sup>**

60 ct

**Weleda  
Skin Food**



**\$14<sup>99</sup>**

2.5 oz

**Trace Minerals  
Trace Mineral Drops**



**\$33<sup>99</sup>**

8 oz

**Natural Factors  
Stress Relax® Tranquil Sleep  
Chewable**



**\$22<sup>99</sup>**

60 tab

**Andalou Naturals  
Shampoo or Conditioner**  
selected varieties



**\$6<sup>29</sup>**

11.5 oz

**Aura Cacia  
Peppermint Essential Oil**



**\$5<sup>99</sup>**

0.5 oz

**NOW  
Lavender Essential Oil**



**\$9<sup>49</sup>**

1 oz

**Garden of Life  
Dr. Formulated Magnesium with  
Pre & Probiotics**



**\$15<sup>99</sup>**

60 ct

**Everyone  
3-in-1 Soap**  
selected varieties



**\$8<sup>29</sup>**

32 oz

**JASON  
Vitamin E Skin Oil 5000 IU**



**\$7<sup>29</sup>**

4 oz

# Cinnamon Apple Chunk Cake

50 MIN • SERVES 8 • VEGETARIAN

## INGREDIENTS

1 ½ cups flour  
1 teaspoon ground cinnamon  
½ teaspoon baking soda  
½ teaspoon sea salt  
½ cup cane sugar  
½ cup almond oil  
2 eggs  
3 tablespoons buttermilk  
1 cup chopped apples

## Topping

½ teaspoon cinnamon  
1 tablespoon cane sugar  
½ cup powdered sugar  
1–2 teaspoons milk

## DIRECTIONS

- 1 Preheat oven to 350°F. Grease an 8-inch cast iron skillet and set aside.
- 2 In a small bowl, whisk together flour, cinnamon, baking soda, and sea salt.
- 3 In a medium bowl, combine sugar, oil, eggs until pale in color. Stir in buttermilk.
- 4 Add dry ingredients and mix until just combined. Fold in chopped apple and pour batter into prepared cast iron skillet. Combine remaining sugar and cinnamon and sprinkle on top of batter.
- 5 Bake 40–45 minutes or until a tester inserted in the center comes out clean.
- 6 Stir together powdered sugar and milk until smooth and drizzle over cooled cake.

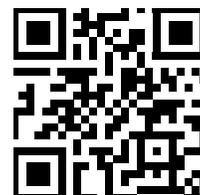


## Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com) or scan this code.



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