



Yogi Organic Tea
(selected varieties)

2/\$7

16 ct



Vital Proteins Collagen Peptides
(selected varieties)

\$18.99

10-13.5 oz



Miyoko's Organic Vegan Butter

\$4.29

8 oz



Food For Life Organic Ezekiel 4:9® Bread
(selected varieties)

\$4.99

24 oz



Lightlife Organic Plant Based Tempeh
(selected varieties)

\$2.79

8 oz



Hu Grain-Free Crackers

\$4.49

4.25 oz



GoMacro Organic MacroBar

2/\$5

2-2.3 oz



Muir Glen Organic Tomatoes
(selected varieties)

5/\$5

14.5 oz



Native Forest Organic Coconut Milk
(selected varieties)

\$2.99

13.5 oz



C2O Coconut Water
(selected varieties)

\$1.79

17.5 oz



REBBL Organic Super Herb Elixir
(selected varieties)

\$2.79

12 oz



**Wild Planet
Sardines**



2/\$4

4.4 oz

**Safe Catch
Elite Wild Tuna**
(selected varieties)



\$2.99

5 oz

**Mori-Nu
Silken Tofu**
(selected varieties)



\$1.59

12.3 oz

**CADIA
Organic Beans**
(selected varieties)



\$1.29

15-16 oz

**Ancient Harvest
Organic Polenta**
(selected varieties)



\$2.69

18 oz

**Maya Kaimal
Organic Everyday Dal**



\$2.99

10 oz

**Mike's Mighty Good
Craft Ramen**
(selected varieties)



\$1.79

1.6-2.4 oz

**Daiya
Deluxe Dairy-Free Mac & Cheese**
(selected varieties)



\$3.49

10.6-10.9 oz

**Lundberg Family Farms
Organic Rice Pouches**
(selected varieties)



\$7.29

2 lb

**Once Again Nut Butter
Organic Tahini**



\$7.29

16 oz



Siete is a Mexican-American food brand, rooted in family, that makes delicious better-for-you products. We use simple and nourishing ingredients to inspire inclusivity around the table because together is better.



**Siete
Grain Free Tortillas**
(selected varieties)

\$6.49

8 ct



**Siete
Grain Free Taco Shells**

\$4.29

5.5 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of January.



Bragg is here to help you live more vibrantly, every day. With an ever-expanding portfolio of ingredient-led products backed by a century of time-tested wisdom, Bragg remains passionately focused on helping everyone eat better, feel better, and enjoy a more healthful and vibrant life.



**Bragg
Organic Apple Cider
Vinegar**

\$5²⁹

32 oz



**Bragg
Organic Apple Cider
Vinegar Drink**

\$2⁷⁹

16 oz



**Bragg
Apple Cider
Vinegar Capsules**

\$14⁴⁹

90 cap

**Primal Kitchen
Mayo with
Avocado Oil
(selected varieties)**



\$7⁷⁹

12 oz

**Pacific Foods
Organic Broth
(selected varieties)**



\$3⁷⁹

32 oz

**Kettle & Fire
Bone Broth
(selected varieties)**



\$5²⁹

16.9 oz

**Napa Valley Naturals
Organic Extra Virgin
Olive Oil**



\$11⁹⁹

25.4 oz

**Chosen Foods
Avocado Oil**



\$10⁴⁹

500 ml

**Nutiva
Organic Coconut Oil
(selected varieties)**



**4th & Heart
Ghee
(selected varieties)**



\$9⁹⁹

9 oz

**Justin's
Almond Butter
(selected varieties)**



\$8⁴⁹

16 oz

\$10⁴⁹

23 oz

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Our mission is to cultivate a healthier and happier world by spreading goodness through nourishing foods, honest words and conduct that is considerate and forever kind to the planet.



Annie's
Organic Bunny Crackers
(selected varieties)

2/\$6

7.5 oz



Annie's
Mac & Cheese
(selected varieties)

4/\$5

6 oz



Annie's
Organic Fruit Snacks
(selected varieties)

2/\$6

4 oz

Boulder Canyon
Potato Chips
(selected varieties)

2/\$6

5.25-6.5 oz



Terra Chips
Sweet Potato Chips

\$3.29

6 oz



SkinnyPop
Popcorn

\$3.29

4.4 oz



Lesser Evil
Organic Popcorn
(selected varieties)

\$2.79

4.6-6.4 oz



Hippeas
Organic Chickpea Puffs

2/\$5

4 oz



From The Ground Up
Cauliflower Crackers

2/\$6

4 oz



EPIC
Meat Snack Strip
(selected varieties)

\$1.39

.8 oz



Made in Nature
Organic Dried Fruit
(selected varieties)

\$4.29

3-7 oz



Larabar
Fruit & Nut Bar
(selected varieties)

79¢

1.6-1.7 oz



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**Bob's Red Mill
Muesli**

\$4²⁹

18 oz



**Bob's Red Mill
Organic Old Fashioned
Rolled Oats**
(selected varieties)

\$7²⁹

32 oz



**Bob's Red Mill
Peanut Butter Bar**

4/\$5

1.76 oz



Breakfast is better with Bob's Red Mill!
Whether you enjoy a bowl of creamy,
delicious oatmeal at the table or a grab-
and-go bar on the road, we have a wide
range of whole grain breakfast options
you'll love, including gluten free and organic
choices. It's good food with great heart.

**Catalina Crunch
Keto Friendly Cereal**
(selected varieties)

\$6⁴⁹

8-9 oz



**Cascadian Farm Organic
Organic Cereal**
(selected varieties)

2/\$7

9.2-16 oz



**One Degree Organics
Organic Sprouted Cereal**
(selected varieties)

\$4²⁹

8-10 oz



**MadeGood
Organic Granola Bars**

\$3⁴⁹

6 ct



**Purely Elizabeth
Granola**
(selected varieties)

\$4⁹⁹

8-12 oz



**Birch Benders
Organic Pancake & Waffle Mix**
(selected varieties)

\$3⁴⁹

16 oz



**Navitas
Organic Cacao Powder**

\$6⁷⁹

8 oz



**The Ginger People
Gin Gins® Ginger Candy**
(selected varieties)

\$2²⁹

3-3.5 oz



**SmartSweets
Candy**
(selected varieties)

2/\$5

1.8 oz



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Sustainable, herbal wellness, nutrient-rich organic herbal supplements formulated by master health practitioners to meet your specific wellness needs. Every herb and spice is cultivated by way of organic, regenerative methods for mind, body, spirit and whole Earth wellness.



Organic India
Organic Tulsi Tea

\$3⁹⁹

18 ct



Organic India
Organic Ashwagandha

\$16⁹⁹

90 cap

Choice Organic Teas
Organic Tea
(selected varieties)

2/\$6
16 ct



Celestial Seasonings
Tea
(selected varieties)

\$2⁹⁹

20 ct



Four Sigmatic
Organic Ground Mushroom Coffee
(selected varieties)

\$12⁴⁹

12 oz



Laird Superfood
Superfood Creamer
(selected varieties)

\$6⁷⁹

8 oz



nutpods
Dairy-Free Creamer
(selected varieties)

\$2⁴⁹

11.2 oz



Lakanto
Monkfruit Sweetener
(selected varieties)

\$4⁷⁹

235 g



SweetLeaf
Liquid Stevia
(selected varieties)

\$5⁷⁹

2 oz



Essentia
Alkaline Water

2/\$4

1.5 lt



Aura Bora
Herbal Sparkling Water

2/\$3

12 oz



Nixie Sparkling Water
Organic Sparkling Water
(selected varieties)

\$4⁷⁹

8 ct



Zevia
Zero Calorie Soda

\$4⁹⁹

6 ct



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Lakewood
Organic Pure
Pineapple Juice



\$6²⁹

32 oz

R.W. Knudsen
Organic Just Tart
Cherry Juice



\$6⁷⁹

32 oz

Vita Coco
Coconut Water
(selected varieties)



\$3⁹⁹

1 lt

ROAR Organic
Organic Vitamin
Enhanced Beverage



2/\$4

18 oz

Olipop
Sparkling Tonic



\$1⁵⁹

12 oz



Peanut Butter Yogurt Bowl

½ cup Greek yogurt
½ cup smooth peanut butter
2 tablespoons maple syrup
1 serving **Vital Proteins®**
Collagen Peptides

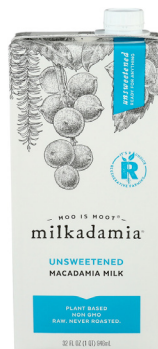
Toppings:
Coconut Shreds
Granola
Chocolate Chunks

1 In a bowl, whisk together Greek yogurt, peanut butter, maple syrup, and **Vital Proteins® Collagen Peptides**. Combine until creamy, whipped and smooth.

2 Divide into bowls and top with the toppings of your choice. Enjoy!



Milkadamia
Macadamia Milk



\$3²⁹

32 oz

Almond Breeze
Almondmilk



\$2⁴⁹

32 oz

Orgain
Organic Vegan
Nutritional Shake
(selected varieties)



\$2⁴⁹

11 oz

Harmless Harvest
Organic Coconut Water



\$3²⁹

16 oz

KeVita
Organic Sparkling
Probiotic Drink
(selected varieties)



\$2²⁹

15.2 oz

Almond Breeze
Almondmilk
(selected varieties)



\$3⁴⁹

64 oz

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CALIFIA FARMS®

Califia Farms (pronounced Cal-uh-FEE-ahh). Just like our California home, we're named after the legend of Queen Califia. Our plant-based dairy-free products are oh so easy to love, with all the flavor & versatility you deserve.



Califia Farms
Barista Blend Oatmilk

\$3.99

32 oz



Califia Farms
Oatmilk
(selected varieties)

\$4.99

48 oz



Califia Farms
Almondmilk

\$4.79

48 oz

So Delicious
Organic Coconutmilk



\$4.29

64 oz

Lifeway
Organic Kefir
(selected varieties)



\$4.29

32 oz

Perfect Bar
Organic Protein Bar
(selected varieties)



\$2.29

2.2-2.5 oz

Forager Project
Organic Cashewmilk Yogurt
(selected varieties)



\$4.99

24 oz

Brown Cow
Cream Top Whole Milk Yogurt
(selected varieties)



5/\$5

5.3 oz

Cocojune
Organic Dairy-Free
Coconut Yogurt



\$1.69

4 oz

Bitchin' Sauce
Sauce
(selected varieties)



\$4.49

8 oz

JUST
Plant-Based
Egg Scramble



\$2.99

12 oz

Violife
Just Like Feta Block



\$4.99

8.1 oz

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Beyond Meat
Beyond Burger

\$3.99

8 oz



Beyond Meat
Beyond Sausage Links

\$5.79

14 oz



Beyond Meat
Beyond Breakfast Sausage

\$3.29

7.4 oz



BEYOND MEAT®

Our plant-based meats are made with simple, non-GMO ingredients to deliver the meaty experience you crave without the compromise. Each of our products are also a good source of protein with no cholesterol.

Field Roast
Plant-Based Sausages
(selected varieties)



\$4.79

9.3-12.95 oz

Gardein
Meatless Meat
(selected varieties)



\$3.99

8.8-13.7 oz

Bonafide Provisions
Organic Bone Broth
(selected varieties)



\$8.29

24 oz

Cascadian Farm Organic
Organic Potatoes
(selected varieties)



\$3.79

16 oz

Base Culture
Sliced Bread
(selected varieties)



\$7.29

16-24 oz

Daiya
Dairy-Free Pizza



\$5.29

13.47-19.4 oz

Flax4Life
Brownies



\$6.79

14 oz

Van's
Waffles



\$2.99

8-9 oz

Sambazon
Organic Frozen Fruit
Smoothie Packs
(selected varieties)

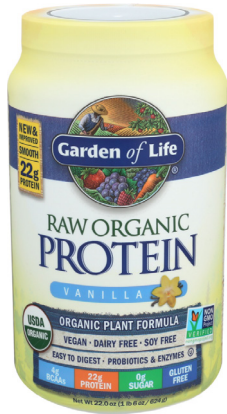


\$4.99

4/100 g

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**Garden of Life
Organic Raw Protein Powder**
(selected varieties)



\$36⁹⁹

560-660 g

**Ancient Nutrition
Multi Collagen
Protein Powder**



\$38⁹⁹

459-535 g

**Amazing Grass
Greens Blend**



\$26⁹⁹

8.5 oz

**Natural Vitality
Natural Calm**
(selected varieties)



\$24⁹⁹

16 oz

**Barlean's
Lignan Flax Oil**



\$20⁹⁹

16 oz

**Manitoba Harvest
Organic Hemp Hearts**



\$11⁹⁹

12 oz

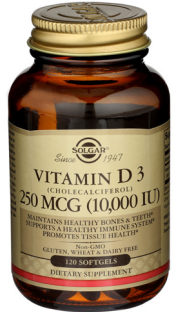
**Spectrum Essentials
Organic Ground Flaxseed**



\$7⁴⁹

14 oz

**Solgar
Vitamin D3 250 mcg**



\$10⁴⁹

120 sgel

**Bluebonnet Nutrition
Liquid Calcium
Magnesium Citrate**



\$13⁹⁹

16 oz

**Gaia Herbs
Turmeric Supreme
Extra Strength**



\$18⁹⁹

60 vcap

**Om
Lion's Mane**



**Natural Factors
Quercetin 500 mg**



\$19⁹⁹

60 vcap

**RidgeCrest Herbals
ClearLungs**



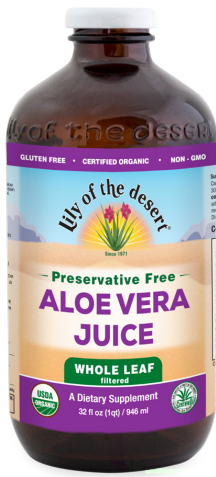
\$14⁹⁹

60 ct

\$17⁴⁹

100 g

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Lily of the Desert
Organic Aloe Vera Juice

\$5⁷⁹

32 oz



Lily of the Desert
Aloe Vera Gelly

\$6⁷⁹

12 oz



Lily of the Desert
Aloe Vera Gelly

\$3²⁹

4 oz

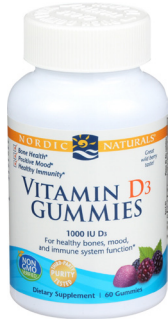


Our products contain aloe plants, grown organically from our own fields, that have been sustainably harvested by hand and then bottled in Texas for superior quality that is maintained during each step. Adding aloe into your daily health regimen can help support your digestion, immune health, nutrient absorption, and skin.

Nordic Naturals
Vitamin D3 Gummies
(selected varieties)

\$10⁹⁹

60 ct



Boiron
Oscilloccinum

\$18⁹⁹

12 ct



Bach
Rescue Pastilles

\$9⁹⁹

50 g



Desert Essence
Dental Floss
(selected varieties)

\$2⁷⁹

50 yd



Dr. Bronner's
Organic Toothpaste

\$4⁴⁹

5 oz



Andalou Naturals
Age Defying Resveratrol
Q10 Night Repair Cream

\$18⁹⁹

1.7 oz



Herbatint
Permanent Hair Color Gel

\$12⁹⁹

4.56 oz



Seventh Generation
Dishwashing Liquid
(selected varieties)

\$3⁴⁹

19 oz



ECOS
Laundry Detergent

\$10⁹⁹

100 oz



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We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.com.

ALABAMA

Manna Grocery & Deli

ARKANSAS

The Eureka Market
Good Measure Market
Natural Food Store
Nature's Wonders
Olde Fashioned Foods
The Truck Patch
Village Nutrition

ILLINOIS

Apple Valley Natural Foods
Choices Natural Market
Common Ground
Cornucopia Natural Market & Deli
Food Fantasies Naturally
Green Earth Grocery
Heritage Natural Foods
Highland Nutrition Center
Kankakee Natural Foods
Local Foods
Nature's Cornucopia
Pass Health Foods
Polson's Natural Foods
Southtown Health Foods
Sunrise Health Foods

INDIANA

Apple Valley Natural Foods
Down to Earth Natural Foods
Georgetown Market
The Good Earth Natural Food Co
Harmony & Health
The Health Food Shoppe of Fort Wayne
Natural Choices for Healthful Living
Nature's Cupboard
Rainbow Blossom
Sunrise Health Foods
The Sunspot Natural Market

IOWA

Campbell's Nutrition
Everybody's Whole Foods
Heritage Natural Foods

KANSAS

Kountry Kupboard

KENTUCKY

Happy Meadow Natural Foods
Rainbow Blossom

MICHIGAN

Apple Valley Natural Foods
Better Health Market
Dale's Natural Foods
Edson Farms Natural Foods
Health Hutt
Natural Health Center
Nature's Gift Organic Market
Nature's Market
Sawall Health Foods
Western Market

MINNESOTA

A Clean Plate Local & Organic Grocery
Cloquet Natural Foods
Good Grocer
Meadow Farm Foods
Tailor Made Nutrition

MISSOURI

Clover's Natural Market
Jean's Healthway
MaMa Jean's Natural Market
Natural Health Organic Foods
Nature's Own Health Market
Nature's Wonders
Nutrition Stop
Suzanne's Natural Foods
The Truck Patch

NEBRASKA

Red Clover Market

NORTH DAKOTA

Fresh Palate
Terry's Health Products

OHIO

Berry's Natural Food Market
Health Foods by Claudia
Kindred Market
Raisin Rack Natural Food Market

PENNSYLVANIA

Nature's Way Market

SOUTH DAKOTA

Pomegranate Market

TENNESSEE

Grubb's Grocery
Natural Foods Market
Nutrition World
The Turnip Truck Natural Market

TEXAS

Cox Farms Market
Fresh Plus Markets
Harvest Natural Market
Natural Foods Market
Next Generation
Sunflower Shoppe

WEST VIRGINIA

Mother Earth Foods
The Public Market

WISCONSIN

Appleton Nutrition
B-Alive
Downtown Grocery
The Free Market
Good Harvest Market
The Grainery
Greens N Grains
Healthy Way Market
Nature's Best Market
NDC Natural Market
Nutrition Discount Center
Organic Valley Retail Stores
Plan-It Earth Health Center
Village Market
Wild Berry Market