

Manager Specials

Offers Valid 1/1/23 - 1/15/23

ECO Membership Required



Produce

Blueberries	\$2.69/ea (Reg. \$4.99/ea)
Grape Tomatoes	\$1.79/ea (Reg. \$3.89/ea)
Cara Cara Oranges	\$1.79/lb (Reg. \$2.79/lb)
Bagged Lemons 2lbs	\$4.99/ea (Reg. \$5.69/ea)
Collard Greens	\$2.19/ea (Reg. \$2.79/ea)
Green & Red & Lcnt Kale	\$2.29/ea (Reg. \$2.79/ea)
Romaine Hearts 3ct	\$5.79/ea (Reg. \$6.29/ea)



Wellness

Megafood Mega Magnesium Soft Chews 30ct	\$15.29 (Reg \$17.99)
Megafood Daily Immune Support 60ct	\$25.99 (Reg \$30.59)
Gaia Black Elderberry Syrup 3oz	\$17.59 (Reg. \$21.99)
Gaia Black Elderberry Syrup 5.4oz	\$22.39 (Reg. \$27.99)
Gaia Black Elderberry Syrup Nighttime 3oz	\$17.59 (Reg. \$21.99)
Gaia Black Elderberry Syrup Nighttime 5.4oz	\$27.19 (Reg. \$33.99)
Garden of Life Turmeric Joint & Mobility 30ct	\$31.59 (Reg. \$37.19)
Garden of Life Turmeric Pain Relief 30ct	\$26.29 (Reg. \$30.99)
Everyone Nourishing Lotion Unscented 8oz	\$7.69 (Reg. \$9.59)
Everyone Nourishing Lotion Vanilla & Lavender 8oz	\$7.69 (Reg. \$9.59)
Everyone Nourishing Lotion Lavender & Aloe 8oz	\$7.69 (Reg. \$9.59)
Everyone Nourishing Lotion Coconut & Lemon 8oz	\$7.69 (Reg. \$9.59)



Meat & Seafood

Regal New Zealand King Salmon 3.5oz	\$9.59/ea (Reg. \$10.59/ea)
All Natural Pork Baby Back Ribs	\$7.59/lb (Reg. \$8.99/lb)
All Natural Pork Shoulder Roast & Steak	\$4.49/lb (Reg. \$5.99/lb)

Grocery

Cocojune OG Overnight Oats 5.3oz	\$2.29 (Reg. \$2.99)
So Delicious Coconut Yogurt 24 oz	\$4.99 (Reg. \$7.19)
Ancient Harvest OG Pasta 8oz - 9.6oz	\$2.79-\$3.79 (Reg. \$4.19 - \$5.89)
Bragg OG Extra Virgin Olive Oil 16oz & 32oz	\$10.99 & \$17.99 (Reg. \$16.09 - \$25.99)
Daiya Dressing Dairy Free 8.36oz	\$3.49 (Reg. \$5.59)
Siete Red & Green Enchilada Sauce 15oz	\$3.99 (Reg. \$6.39)
Seventh Generation Select Home Products	\$3.79 - \$10.49 (Reg. \$5.99 - \$19.99)

Hop Harvest & Wine

BBQ Chicken Pizza 8"	\$9.99
Roasted Veggie Focaccia Sandwich	\$6.99
Organic Greek Salad	\$8.99/lb (Reg. \$9.99/lb)
Organic Rotisserie Chicken Salad	\$10.99/lb (Reg. \$11.99/lb)
New Glarus	\$9.99/6 pack (Reg. \$10.99)
District 7 Cabernet	\$14.99 (Reg. \$15.99)

Double Point Items

We have over 300 items each month that will earn double points for (2 points for \$1 spent). These items can be found by looking for our **orange signs**. Here are a few of those items (scan QR Code for complete list).

- SOMOS Mexican Black Beans
- Btr.Life All-Purpose Cleaner
- McCann's Irish Oatmeal Can
- Cappello's Five Cheese Rav.
- Death Wish Dark Roast Coffee
- Jarrow Formulas Sleep Optimizer
- ChildLife Multi Vitamin & Mineral
- Nancy's OG Cottage Cheese - Lowfat
- Dr. Praeger's Perfect Veggie Burger
- Evanhealy Oil and Water - Calming Ritual



Point Redemption Items

Save your points for a semi-annual gift card ranging from \$20-\$500 or use accumulated points to purchase items for **just \$.99** each! These items can be found by looking for our **orange signs**. Here are a few select items and points needed to redeem for \$.99 (scan QR Code for complete list).

- Chameleon Cold-Brew OG 200
- Dr Tung's Smart Floss 250
- Frontera Foods Guac Mix 100
- Giovanni Soothing Shampoo 550
- Lily's PB Cups Dk Chocolate 100
- RADIUS Case Razor 200
- Red's Chicken & Cheese Burrito 150
- Steaz OG Yerba Mate Mint 100
- Sukin Hydrating Shampoo 550
- Ultima Lemonade Canister 1000

