

Manager Specials

Offers Valid 5/01/23 - 5/15/23
ECO Membership Required

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We have over 200 items each month that you can purchase and earn double points for (2 points for every \$1 spent). These items can be found by looking for our **orange signs**. Here are some of our vendors with products offering Double Points items May 1-15:

- Cocojune Organic Plant Based Yogurt
- Dr. Praeger's Veggie Burgers
- Simply Organic Seasonings
- Solaray Universal Liposomal Multi
- Natural Factors MenoSense



Earn 1 point for every dollar spent (2 for double point items) and either save your points for a semi-annual gift card ranging from \$20-\$500 or use accumulated points to purchase items for **just \$.99** each! These items can be found by looking for our **orange signs**. Here are a few of those items for May 1-15:

- Chloe's Pops
- Green Mountain Salsa's
- Chickapea Organic Pastas
- Booda Organic's EcoBalm



Scan this QR Code to see the complete lists for April of both our Double Points and \$.99 Items:



Thai Peanut Stir Fry	\$12.99
Mushroom Ravioli	\$15.99
Organic Yellowfin Tuna Salad	\$19.99/lb (Reg. \$22.99/lb)
Organic Esquites Mexican Corn Salad	\$9.99/lb (Reg. \$10.99/lb)
Organic Harvest Greek Salad	\$11.99/lb (Reg. \$12.99/lb)
Bota Brick Wine All Varieties	\$10.99/ea (Reg. \$11.99/ea)
Leinenkugel's All Varieties 6pk	\$9.99/6 pk (Reg. \$10.99/6 pk)



Pub Quiz Trivia – Wednesdays, 6:30-8:30pm
Hop Speaker Series – Thursday's 6:30-7:30
Spring Concert Series – Fridays, 5:30-8pm
Complete Details on our speakers, performers and events can be found on our website or scan the QR Code to go to our Facebook Events Page:



Califia Farm Creamer Unsweetened 25.4oz	\$3.39 ea (Reg. \$6.89)
Organic Valley Org Sour Cream 16oz	\$3.59 ea (Reg. \$4.89)
Perfect Bar Snack Size Drk Choc Chp Pnt Btr 7oz	\$7.79 ea (Reg. \$9.69)
Van's Waffles Original Gluten Free 18oz	\$5.99 ea (Reg. \$8.19)
Bionaturae Organic Traditional Egg Pasta - Pappardelle 8.8oz	\$3.69 ea (Reg. \$4.79)
Clif Bar Organic Nut Btr Filled Bar Choc Peanut Butter 1.76oz	\$1.99 ea (Reg \$2.79)
Dr. Bronner's Organic Virgin Coconut Oil – Whole Kernel 30oz	\$15.69 ea (Reg. \$21.49)
Good Health Veggie Stix 6.25oz	\$3.69 ea (Reg. \$4.69)
Lakewood Organic Pure Prune Juice 32oz	\$8.39 ea (Reg. \$10.79)
MadeGood Organic Granola Minis – Strawberry 5ct	\$3.49 ea (Reg \$4.49)
Napa Valley Naturals Grape Seed Oil 25.4oz	\$11.59 ea (Reg \$15.79)
Siete Tortilla Chips Nacho 4oz	\$3.49 ea (Reg \$6.09)

The Mountain Valley Spring Water - Glass	\$1.39 ea (Reg. \$1.89)
Wild Planet Tuna - Wild Skipjack 5oz	\$3.19 ea (Reg. \$4.29)
Primal Kitchen Dressing & Marinade - Vegan Ranch 8oz	\$6.49 ea (Reg. \$8.79)
Farmer's Market Organic Sweet Potato Puree 15oz	\$3.39 ea (Reg. \$4.29)
Mavuno Harvest Organic Roasted Cashews 4oz	\$4.59 ea (Reg. \$5.69)
GoMacro Kids Organic Bar Choc Chp Cookie Dough 6.3oz	\$6.39 ea (Reg. \$8.69)
Kettle Potato Chips Sea Salt 13oz	\$5.09 ea (Reg \$6.89)
Made In Nature Organic Figgy Pops Cranberry Pistachio 4.2oz	\$4.69 ea (Reg \$5.79)
Simple Mills Stuffed Sandwich Cookies – Creamy Pnt Btr 6.7oz	\$5.19 ea (Reg. \$6.99)
Better Life Glass Cleaner Unscented 32oz	\$5.39 ea (Reg. \$6.99)
Bob's Red Mill Organic Chia Seeds 12oz	\$6.09 ea (Reg. \$8.99)
California Olive Ranch Extra Virgin Olive Oil - Everyday 25.4oz	\$12.89 ea (Reg. \$17.59)

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Natural Factors Total Body Collagen Unflav 500g	\$47.99 ea (Reg. \$59.99)	Badger Hard Working Hand Balm 2oz	\$7.99 ea (Reg. \$9.99)
Natural Factors Total Body Collagen Pmgrnt 500g	\$47.99 ea (Reg. \$59.99)	Badger Sore Muscle Rub 2oz	\$8.79 ea (Reg. \$10.99)
Natural Factors Wellbetx W/Mulberry 180 caps	\$28.79 ea (Reg. \$35.99)	Badger Sore Muscle Rub 2oz	\$8.79 ea (Reg. \$10.99)
Himalaya Bamboo Sea Salt Toothpaste 4oz	\$7.19 ea (Reg. \$8.39)	Kal Phosphatidylserine 100 30 softgels	\$27.99 ea (Reg. \$34.99)
Himalaya Charcoal & Blackseed Oil Toothpaste 4oz	\$7.19 ea (Reg. \$8.39)	Jarrow Women's Vaginal Probiotics 30 caps	\$23.19 ea (Reg. \$28.99)
Himalaya Turmeric & Coconut Oil Toothpaste 4oz	\$7.19 ea (Reg. \$8.39)	Wiley's Finest Vitamin K2 60 softgels	\$33.59 ea (Reg. \$41.99)
Klean Kanteen Classic Narrow 18oz w/sports cap	\$18.39 ea (Reg. \$22.99)	Sunny Skies CBD Shatters Strawberry Banana 1g	\$19.19 ea (Reg. \$23.99)
Klean Kanteen Food Box Set	\$51.99 ea (Reg. \$64.99)	Trace Minerals Tonic Chromium 550mg	\$14.39 ea (Reg. \$17.99)
Herbs Ect Chloroxygen Liquid 1oz	\$14.79 ea (Reg. \$18.49)	Solaray Super Omega 379 120 softgels	\$31.89 ea (Reg. \$42.49)
Herbs Ect Chloroxygen Mint Flavor 1oz	\$23.49 ea (Reg. \$29.29)	Organic India Turmeric 180 softgels	\$24.79 ea (Reg. \$30.99)
Herbs Ect Chloroxygen 60 Softgels	\$13.39 ea (Reg. \$16.79)	Organic India Morning Powder 8oz	\$19.19 ea (Reg. \$23.89)
Badger Hard Working Hand Balm .75oz	\$5.59 ea (Reg. \$6.99)	Organic India Joy 90 caps	\$20.79 ea (Reg. \$25.99)
Badger Hard Working Hand Balm 2oz	\$7.99 ea (Reg. \$9.99)	Organic India Neem 90 caps	\$18.49 ea (Reg. \$23.09)



Green Belle Organic Strawberries 1lb	\$6.29/ea (Reg. \$7.99/ea)
Organic Avocados	\$1.59/ea (Reg. \$1.99/ea)
Organic Orange Bell Peppers	3 for \$5 (Reg. \$2.29/ea)
Organic Red Bell Peppers	3 for \$5 (Reg. \$2.29/ea)
Organic Yellow Bell Peppers	3 for \$5 (Reg. \$2.29/ea)
Organic Girl Red Butter Plus 5oz	\$4.99/ea (Reg. \$5.99/ea)



House Made Chorizo	\$5.99/lb (Reg. \$6.99/lb)
Organic Boneless Skinless Chicken Thighs	\$7.99/lb (Reg. \$8.99/lb)
Pasture Fed Knockout Burger	\$7.99/lb (Reg. \$8.99/lb)
Pasture Fed Cheddar Burgers	\$7.99/lb (Reg. \$8.99/lb)
Pasture Fed Burger Patties	\$6.99/lb (Reg. \$7.99/lb)
Grass Fed Beef Stir Fry	\$9.99/lb (Reg. \$10.99/lb)
Organic Chicken Kabobs	\$11.99/lb (Reg. \$12.99/lb)
Yellowfin Tuna Steaks	\$13.49/lb (Reg. \$14.49/lb)
Wild Raw Gulf Shrimp	\$15.49/lb (Reg. \$16.99/lb)



As a member of the Independent Natural Food Retailers Association (INFRA), we are able to pass great savings on to you each month for the products we choose to carry in our store. Scan the QR code to go to our sales flyer for May

