

# Manager Specials!

No ECO Card Required!

## Prices Good 5/18-5/24



Organic Blackberries  
- 6 oz

**\$3.49/ea**

Reg. \$4.89/ea



Organic Raspberries

**\$4.69/ea**

Reg. \$5.69/ea



Farm Raised Non-GMO  
Verlasso Salmon

**\$15.99/lb**

Reg. \$17.99/lb



Organic Pineapple

**\$3.99/ea**

Reg. \$4.99/ea



Organic Broccoli

**\$1.49/lb**

Reg. \$1.99/lb



Organic House Breaded  
Gluten Free Chicken Breasts

**\$9.99/lb**

Reg. \$11.99/lb

All of our products are free from added antibiotics, hormones, sodium nitrates, fillers, animal by-products, preservatives, trans fat, MSG, bleach, dyes, hydrogenated oils, high fructose corn syrup and anything artificial! Plus everything organic is GMO Free!

No GMO's. No Nitrates. No Antibiotics. No Hormones.



Organic Cantaloupe

**\$4.79/ea** Reg \$5.79/ea



Organic Green Onions

**\$.99/ea** Reg \$1.49/ea



Organic Peaches - 2 lb bag

**\$5.99/ea** Reg \$7.99/ea



Let's Do Organic Cones  
Regular & Gluten Free

**10% Off** Reg. Prices Vary



Mojo Jicama Salad - deli

**\$6.99/lb** Reg \$7.99/lb



Caribbean  
Sweet Potato Salad - deli

**\$8.99/lb** Reg \$9.99/lb



Organic Strawberry Muffin

**\$1.99/ea** Reg \$2.99/ea



Boar's Head Simplicity All  
Natural Tuscan Turkey Breast

**\$11.99/lb** Reg \$13.99/lb



Manitoba Harvest Hemp  
Yeah! Protein - 16 oz, Unsweet

**25% OFF** Reg \$18.59/ea



Zum Face Scrubs  
- all varieties, 4 oz

**20% OFF** Reg \$14.99/ea



NuNaturals Pourable Syrups

**10% OFF** Reg \$6.49/ea



**NEW!** Check out our 'Beer Nook'  
for a varied selection of single  
beers. Purchase individually or  
build your own 6-pack!

**Store Hours:**

Mon-Fri: 8am-8pm | Sat: 8am-7pm | Sun: 9am-6pm